Northeast Pierce Resource Guide

Where to Go for Help, to Volunteer, and to Donate
In the Bonney Lake, Sumner, Buckley, & Orting Communities

Fall 2019/Winter 2020 Edition

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Download the latest version of this Resource Guide online at:

- **The City of Bonney Lake's website** www.ci.bonney-lake.wa.us (click on "Community" then "Community Resources" to access the guide).
- **The City of Buckley's website** www.cityofbuckley.com (click on "Social Services" to access guide)
- **The White River School District's website** www.whiteriver.wednet.edu (click "Departments" then "Family Support Services" then "Families First Coalition" to access the guide).
- **The Sumner School District's website** www.sumnersd.org (click on "For Families" to access guide)

About this Resource Guide: The information contained in this guide focuses on basic needs and ways to get involved in the community through community service and support through donations. Every attempt is made to provide accurate and inclusive information. This is not intended as a guide to recreation or all non-profits and service groups. To update information or include new services in Northeast Pierce County (White River, Sumner, Carbonado, and Orting School Districts), please e-mail Monica Gaub at gaublins@msn.com. *This resource guide is a volunteer service project and not affiliated with a specific agency or organization.*

GENERAL ASSISTANCE & RESOURCES

Sumner / Bonney Lake Family Support Center, 1518 Main St., Sumner; 253-891-6150; www.sumnersd.org

- Serves: Families in the Sumner School District, assisting them with connecting to community resources such as energy assistance, assisting with food and medical benefit applications, housing, classes, events, immunizations, and county-wide resources. Programs include sewing classes, summer youth programs, parenting and nutrition classes, Latino services, and more. Access Point 4 Housing Coordinator now located on site.
- Open: Monday – Friday, 8 am-4:00 pm, closed daily from 12-1 for lunch. Closed Fridays during summer.
- Donate: School supplies, snacks for classes, diapers, stocking stuffers, gift cards, hygiene items, money.
- Volunteer: Help at summer programs, holiday giving and back to school night.

White River Community Outreach, at the Buckley Youth Center, 251 River Ave. S., 360-761-7897, www.wrco.org

- Serves: The greater Buckley and Bonney Lake communities, connecting them to local and county resources.
- Open: Tuesday & Thursday 10 am-1 pm at Buckley Youth Center, 251 River Ave. S., Buckley
- Donate: Personal hygiene items, powdered laundry soap, gift cards for gas or shoes, money.
- Volunteer: Call WRCO for volunteer opportunities.

White River Family Support Center, the former Wickersham School Campus, 250 W. Main St., Buckley, 360-829-5883

- Serves: Children and families in the White River School District through a broad range of support services and activities. Parenting workshops, in-home parent support, linkages to resources, and job & career assistance.
- Open: Monday 8 am – 12:30 pm, and Tuesday & Wednesday 8 am – 1 pm.
- Donate: Winter coats, school supplies, gas cards, money.
- Volunteer: School supply distribution in August.

Plateau Outreach Ministries (Samaritan Project), 1806 Cole St, Enumclaw, 360-825-8961; www.plateauoutreach.com

- Serves residents of Buckley, South Prairie, Wilkeson, Carbonado, Enumclaw, and Black Diamond. Provides assistance to become self-sustaining (rent, utilities, medical, food, clothing, counseling, case management, and senior services).
- Open: Monday, Wednesday, & Thursday 9:30 – 11:30 for walk-in appointments.
- Donate: Clothing, food, or money; donate items to the POM thrift store More Pennies from Heaven.
- Volunteer: At food bank, thrift store, working directly with clients, or administrative tasks.

Bridges of Love, Pierce County (formerly Love, INC), 10213 139th St. Ct. E. #81, Puyallup, http://bridgesoflovenw.org

- Bridges of Love affiliates, through church volunteers, serve ***anyone with a manageable need*** in their service area. A manageable need means that the people and resources identified and available from the local churches (or community agencies, charities or ministries) exist to address the need. NOT an emergency or relief organization.
- Client Line: 253-531-2366; Church/Volunteer Line: 253-531-2365; Partial applications available online.

Readiness to Learn, Puget Sound Educational Service District, (253) 778-7600

- Provides support services to families with K-12 children in all school districts. Includes helping families develop problem-solving skills, linking them with resources and encouraging ways to support their children in school.
- Can self-refer or refer through schools (call your school for more information). Services are free and voluntary.

DSHS Emergency Services, https://www.dshs.wa.gov/esa/community-services-offices/emergency-programs

- Provides food & cash assistance, medical services. Meet eligibility requirements for Temporary Assistance for Needy Families (TANF), State Family Assistance (SFA), or Refugee Cash Assistance (RCA), have an emergency housing, utility or other need; and have a good reason that you had insufficient funds to pay your housing or utility costs.

ONLINE RESOURCES AND GUIDES:

Within Reach Resource Finder, Find services and resources in WA State online: https://resources.parenthelp123.org/

Washington Information Network 2-1-1 Community Resources online: http://www.resourcehouse.org/WIN211

Washington Connection, Find services and apply for benefits**:** www.washingtonconnection.org

Washington Teen Help .org, 1-800-322-2588, www.washingtonteenhelp.org

Pierce County Community Connections Resource Guide: http://www.co.pierce.wa.us/index.aspx?nid=1992

FOOD / HOT MEALS

Bonney Lake Food Bank, 18409 Veterans Memorial Dr. E., 253-208-6779; www.teamblcr.us

- Serves: Residents of Bonney Lake and greater area, proof of address required.
- Open: Wednesdays, Thursdays & Fridays 10:00 am – 1 pm and Tuesday & Friday evenings 5 pm – 7 pm.
- Volunteer: Food pickup, sort & bag food, donate food & pet food.

Buckley Kiwanis Food Bank, 127 N. River Ave., Buckley; 253-266-7309

- Serves: Residents in White River and Carbonado School Districts
- Open: Wednesdays 9 am – 2 pm and Fridays 9 am – 12 noon

Emmanuel Food Pantry, at St. Andrews Catholic Church, 1402 Valley Ave., Sumner; 253-350-4899; www.standrewsumner.org

- Serves: Residents of Sumner, Bonney Lake, Lake Tapps & Orting.
- Open: Mondays 10 am-12 pm, Wednesdays 3 pm - 5 pm, and Fridays 10 am-12 pm.
- Volunteer: Food pickup or delivery, bag food, help make holiday food baskets. Donate Food.

Sumner Community Food Bank, 15625 Main St. E., Sumner; 253-863-2996; www.sumnerfoodbank.org

- Serves: Residents in zip codes 98390 Sumner/Bonney Lake and 98391 w/ Lake Tapps address.
- Open: Client Appointments 9am – 12 noon Monday – Friday. Appointments: 253-863-3793
- Volunteer: Sort and bag food, help make holiday food baskets. Donate Food.

Plateau Outreach Ministries Food Bank, 1806 Cole St., Enumclaw, 360-802-2220; www.plateauoutreach.com

- Serves: Residents of Buckley, Bonney Lake, Carbonado, Wilkeson, South Prairie, & Enumclaw
- Open: Wednesdays 9:30 am – 12 noon. Emergency Pantry open Mon – Sat 10 am – 4 pm.
- Volunteer: Help unload NW Harvest food truck Mon. 12:30 to 1:00 pm, and help in thrift store.

WonGen Central Community Services, 14104 Prairie Ridge Dr., Bonney Lake (located at Prairie Ridge Community Service Center); 253-861-6877; www.wongencentral.org

- Serves: Working poor families to regain financial stability by providing food, household goods, clothing, and adult education. This is a referral-only program. Please call if you have a family to refer.
- Donate: Food, clothing, equipment, diapers, feminine hygiene items and household commodities.
- Volunteer: Pick-up food at local stores, assist with building improvements or maintenance.

FISH Food Banks of Pierce County, locations in Edgewood & South Hill Puyallup open to all, www.fishfoodbanks.org

- **Edgewood:** 3607 122th Ave E., Suite B. 253-826-4654 Open Thurs 3:30-6:30 & Sat. 11-2. Visit once a week.
- **South Hill:** 10425 187th St E, Puyallup, 253-846-3805. Open Mon. & Fri. 10-1:30 & Wed. 2-6. Visit once/wk.

WIC (Womens, Infants, Children Nutrition Supplement Program); www.multicare.org/home/good-samaritan-wic

- Bonney Lake: 10004 204th Ave. E., Ste 2300; 253-447-4769; Tues & Fri 8:45am–12:30pm & 1:15pm–4:45pm
- Provides food & vouchers for pregnant, breastfeeding & postpartum women, infants, & young children.

Prairie Ridge Wednesdays Free Community Dinner, at Rec Hall 14205 215th Ave. E., Bonney Lake; 253-897-8378

- Serves: Community feeding program open to all with emphasis on Prairie Ridge families.
- Open: Wednesdays from 6pm – 6:45pm. Some exceptions on scheduling (recommend following "Prairie Ridge Community Coalition" on Facebook for menu & updates).
- Donate/Volunteer: Help serve or prepare meals. Food and supply donations.

Buckley Soup, at the Buckley Multi-Purpose Center, 811 Main St., Buckley. 253-829-0190.

- Serves: Open to everyone Second Wednesdays at 5:00 pm. Event is sponsored by a different group each month. Bring your own bowl.

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FOOD / HOT MEALS (continued from previous page)

"Full Bellies" Enumclaw Free Meal Site, Sponsored by Rainier Foothills Wellness Foundation at Calvary Presbyterian Church, 1725 Porter St., Enumclaw, fullbellies@yahoo.com

- Open to everyone every Thursday except the last Thurs.5:30 – 6:30. Each dinner prepared by various community groups.

Enumclaw Simply Soup at the Enumclaw Senior Center located at 1350 Cole St., Enumclaw.

- Free meal open to everyone the last Thursday of every month 5:30 – 7:00 pm No charge - bring your own bowl and spoon

Senior Center Lunch Programs:

- Bonney Lake Senior Center Lunch Program, 19304 Bonney Lake Blvd., Bonney Lake; 253-863-7658. Lunch served Monday – Friday at 11:45 am, $5 suggested donation ($7 for non-seniors under 55).
- Sumner Senior Center Lunch Program, 15506 62nd St. E., Sumner; 253-891-2910. Lunch served Monday – Friday at 11:45 am, $3 suggested donation ($5 for under age 60). Meals on wheels available.
- Buckley Senior Center Lunch Program, 811 Main St., Buckley; 360-829-0190. Lunch served Monday – Friday at noon, $3 suggested donation ($5.75 for those under 60).

Neighbors Feeding Neighbors for homebound seniors on the Plateau presented by Rainier Foothills Wellness Foundation, 360-825-4741

- Provides home delivered meals to homebound seniors residing on the Plateau. Each meal costs $5.00 which NFN leaders are asking the senior, or their family to pay if possible. No senior turned away because of inability to pay.
- Volunteer: Help prepare and deliver meals.

Mother 2 Many Skate Park Outreach, 253-921-2138, email info@mother2many.org, website: www.mother2many.org

- Provides food and clothing for homeless at local skate parks (no monetary support).
- Schedule: at Sumner Skate Park Mon. & Wed. 2:30 – 3:45 pm rain or shine except school holidays; Wednesdays at Buckley Skate Park 3:30 - 4:30 pm until the end of Oct.; Enumclaw Library Mondays 5:00 pm through Sept; Puyallup Skate Park 4-5:30 on Fridays. Provides Buckley Youth Center with sandwiches weekly throughout year.
- Donate: Granola bars, peanut butter, jam, chips, beverages, gloves, hats, socks, coats, hygiene items.
- Volunteer: Help prepare sandwiches, distribute food, or help at fundraiser.

Summer Feeding Programs for Children: (please call for serving times and volunteer opportunities)

- Sumner School District Locations: Daffodil Valley Elem. (Sumner) 11:15 – 12:30 & Liberty Ridge Elem. (Bonney Lake) 11:30 – 12:30. Both Serve Breakfast from 8:30 to 8:45. More info 253-891-6000.
- Bonney Lake Food Bank: Rhododendron Park lunch 11:30 – 11:45 and Allan York Park dinner 5;00 – 5:15 & lunch Tuesdays 10:45 – 11:15. More info 253-863-4043. www.teamblcr.us
- Mother 2 Many: Sumner Skate Park Mondays and Wednesdays at 3:15-4:30. www.mother2many.org
- The Buckley Youth Activities Center: free lunches (noon – 1:00). Adults $4.25. Located at 251 S. River Ave. in Buckley. Summer feeding program sponsored by White River School District. More info 360-829-6534.
- Prairie Ridge: Mon. – Fri. 11:30 – 12:15 at Rec Hall Park in partnership with White River School District, WonGen Central Community Services and volunteers. Privately funded. More info 360-897-8378.

Liberty Ridge Elementary (Bonney Lake) Free Dinner

- Serves children ages 0 – 18 years during the school year only, Mon-Fri 5:00 – 5:45. Located at 12202 209th Avenue Court East, Bonney Lake. OPEN TO ALL CHILDREN regardless of residence location.

Daffodil Valley Elementary (Sumner) Free Dinner,

- Serves: Children ages 0 – 18 years during the school year only, Mon.-Thurs. 5:45-6:30pm and Fri. 4-5pm. Adult dinners can be purchased for $4. OPEN TO ALL CHILDREN regardless of residence location.

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FOOD / HOT MEALS (continued from previous page)

Big Give (Thanksgiving Food Baskets), www.communitybiggive.com –e-mail biggive@livinglifeopen.com.

- Distribution at Walmart Garden Center for Bonney Lake families and at Sumner High School for Sumner families on the Saturday before Thanksgiving. Vouchers distributed by school counselors & food banks. Sponsored by Open Life Church.

Pierce County Veterans Bureau; 253-798-7449

- Rental, utility, and food assistance for homeless and low income vets in Pierce County.

Senior Farmers Market Vouchers, Pierce County Aging & Disability Resource Center, 253-798-4600

- Provides low income, Pierce County seniors with vouchers to purchase produce from participating farmers markets and roadside stands.
- Eligible applicants age 60+ (or 55+ if Native American or Native Alaskan), must be able to pick up vouchers in person at local location.

Hearts and Homes, Calvary Community Church, Sumner, 253-863-3352, www.wearecalvary.com

- Prepares home cooked meals which are provided to families dealing with illness or crisis.

Mountain View Community Center Free Dinner Thurs. at 5pm, located at 3607 122nd Ave E, Edgewood, 253-826-4329

- Primarily serves residents of Sumner, Puyallup, Edgewood, Milton & Fife. Other services also available.

Hot Meal Sites in Puyallup:

- Monday - Friday 6pm: Nat'l Guard Armory, 622 4th Ave SE, Puyallup. 253-840-4670
- Mon, Wed. & Fri. Noon – 5:00 pm (lunch 1:00 – 3:30) at "The Hangout" Peace Lutheran Church, 623 9th Ave. SW
- Tues & Thurs. Noon – 3pm at Community Of Christ Church, 503 2nd St. SW, Puyallup
- Saturdays 11:00am at Peace Lutheran Church, 214 E. Pioneer Ave., Puyallup.
- Sundays 2pm at Immanuel Lutheran Church, 720 West Main St., Puyallup
- Volunteer: Contact St. Francis House for meal site volunteer opportunities at www.stfrancishouse.net

Home Delivered Meals from Catholic Community Services, 253-474-1200, www.ccsww.org

- Provides free home-delivered meals to elderly in Pierce County who are unable to leave their homes to shop or find it difficult to prepare meals. Must be home-bound, do not drive, or live with someone who drives. Meals arrive frozen.

Bonney Lake Community Garden, City of Bonney Lake & Bonney Lake Community Resources, 253-677-3345

- Assigned garden plots available at no charge. Complete the garden plot request form on website www.teamblcr.us.

Sumner Community Gardens, City of Sumner, 253-863-6300, Info online at www.sumner.gov

- Located at Shepherd's Field at 245 Valley Ave. E.

Families Unlimited Food Bank, Serving Pierce County. http://www.familiesunlimitednetwork.org/programs/food-bank/

Family Food Hotline: 1-888-4FOODWA (1-888-436-6392)

Food Assistance - Apply online or see if you qualify https://www.washingtonconnection.org/home

- Medical, childcare, cash and long term care benefits. Can also renew benefits, report changes, and find services.

CLOTHING, PERSONAL HYGIENE, HOUSEHOLD COMMODITIES

Bonney Lake Seventh-Day Adventist Church Community Services, 11503 214th Ave S., Bonney Lake; 253-862-8620; www.blsda.com (Entrance located in back of the church)

- Serves: Adults and children, providing clothing, household products, toiletries, diapers, and more.
- Open: First & Third Mondays, 9 am to 11 am AND the Sundays prior to the 1st & 3rd Mondays from 5 – 7 pm.
- Donate: Good condition adult and children's clothing, bedding, unopened toiletries & cleaning products. Donations accepted during open hours.
- Volunteer: Sort and organize clothing.

Lions 4 Kids House, 18429 89th St. E., Bonney Lake (behind Grocery Outlet); 253-447-3844; www.lions4kids.com

- Serves: Children of all ages, providing clothing, school supplies & personal care items in the Sumner, Orting, White River, Carbonado, & Dieringer School Districts. Referral required. Also does Prom Project.
- Open: Hours vary depending on time of year – please call – referral is required.
- Donate: Children's clothing, new underwear and socks, prom dresses, toiletries & school supplies.
- Volunteer: Sort clothing, help children choose clothing, building maintenance, yard work, haircutters, & special events.

Donald Loomis Memorial Clothing Bank, 250 Main St. (Wickersham campus in portable), Buckley; (253) 740-1367

- Serves: Children & adults in the White River and Carbonado School Districts
- Open: Every Wed. 1 – 3pm and 1st & 3rd Saturdays 10am – 12noon, September - May
- Donate: Gently used clothing, shoes, coats, backpacks, school supplies, toiletries, new underwear and socks.
- Volunteer: Sort and organize clothing.

St. Francis House, 322 7th St. S.E., Puyallup; 253-848-3618; www.stfrancishouse.net

- Serves: Families living below poverty line in East Pierce County.
- Provides furniture, clothing, household goods, & ESL classes.
- Open: Tuesday, Wednesday, & Thursday 11:30 am – 2:30 pm, Friday evenings 6:30 pm – 9 pm.
- Donate: Furniture, appliances, clothing, household items, or money.
- Volunteer: At their clothing bank, a meal site in Puyallup, or at an ESL class.

Plateau Outreach Ministries Clothing Bank, 1806 Cole St., Enumclaw, 360-802-2220; www.plateauoutreach.com

- Serves: Residents of Buckley, Bonney Lake, Carbonado, Wilkeson, South Prairie, & Enumclaw
- Open: Wed. 9:30 am – 12 noon. Clothing provided through POM's More Pennies From Heaven Thrift Store
- Donate: Clothing and household items that support the thrift store
- Volunteer: Donation sorter, cashier, or pricer. Contact volunteer@plateauoutreach.com

TLC Clothing Outreach, Buckley Location: 253-569-0051, Wilkeson Location: 253-314-2540 https://www.facebook.com/TLCClothes, email: tlcclothingoutreach@outlook.com,

- Serves: Children and adults (newborn – adult plus sizes) in Buckley, Carbonado, Wilkeson, South Prairie, Bonney Lake, Enumclaw, Black Diamond, and Auburn.
- Open: By appointment – contact via Facebook. Requestors should include information about sizes and gender.
- Donate: Gently used clothing, shoes, coats and diapers.
- Volunteer: Sort and organize clothing

Calvary's Community Closet, 15116 Gary St. (Annex Bldg), Sumner, 253-863-3352 x700, www.wearecalvary.com

- Serves: Children birth to 12th grade - referral form required for all requests www.wearecalvary/community-closet/
- Open: By appointment
- Donate: New and gently used clothing for children, shoes, new underwear and socks.
- Volunteer: Sort and organize clothing and assist guests in finding clothing items.

Mother 2 Many Ministry, Bonney Lake; 253-921-2138, email info@mother2many.org, website: www.mother2many.org

- Helping homeless teens & young adults with support, clothing, coats, and personal care items. Donations needed.

The Wishing Well Foundation, Puyallup, 206-406-2398, www.thewishingwellwa.org

- Provides new and gently used clothes to children 0 – 18 years old in the foster care system in Pierce County.

TRANSPORTATION

Beyond the Borders Connector Routes (Sumner ONLY), Pierce County Human Services, 1-888-600-8043, http://www.co.pierce.wa.us/index.aspx?NID=1269

- Serves: Older adults, individuals with disabilities, people with lower incomes, and youth ages 12 - 17 living in Sumner.
- Provides: Free, unlimited regular bus service route hourly in the Sumner area.
- Must register at least 24 hours advance during regular business hours - Call 1-888-572-4657 to register

Beyond the Borders Demand-Response Service, Pierce County Human Services, 1-888-600-8043, http://www.co.pierce.wa.us/index.aspx?NID=1269

- Provides: Free transportation services to people in rural Pierce County (including Buckley, Bonney Lake, South Prairie, Carbonado, Wilkeson, and Orting.
- Serves: People with low incomes, disabled, seniors, and youth ages 12 – 17 may be eligible
- Available: Monday through Saturday 6am to 10pm
- Eligibility limited to:
    - Work-related trips (maximum ride total of $750/month per person)
    - Transportation to dialysis appointments (unlimited)

Beyond the Borders Essential Transportation Project, Pierce County Human Services http://www.co.pierce.wa.us/index.aspx?NID=1269

- Provides: Free transportation to essential services for people in the White River, Sumner, and Orting School Districts. Available Monday through Saturday 6 am to 10 pm.
- Three round-trip door-to-door rides provided per month to food banks, family support centers, WIC offices, clothing banks, mandatory school meetings, etc. Trip requests to destinations outside the area will be transported to nearest bus stop connection. Service from Buckley to Plateau Outreach Ministries in Enumclaw is also available. Medical appointment transportation must be non-Medicaid.
- Serves: Low-income, seniors, persons with disabilities and/or youth ages 12 to 17 in White River, Sumner, Carbonado, Orting and other School Districts.
- All riders must complete an eligibility screening to use the service. Contact: (253) 476-4657.

Care Van, Rainier Foothills Wellness Foundation, 360-284-2444, www.rfwellnessfoundation.org

- Serves: Anyone who lives in the areas of Buckley, Carbonado, WIlkeson, & Enumclaw who displays hardship for transportation who needs to get to appointments and medical-related issues only (non-emergency medical appointments, physical therapy, eye exams, chiropractic, prescription pick-up, etc.) at no cost.
- Available Monday through Friday 8:30am – 4:30pm. Wheelchair accessible. Children under 16 must be accompanied by an adult.
- Call 2 -14 days in advance of appointment 253-284-2444.
- Volunteer: Drivers needed – please call for more information on how to volunteer.

The Road to Independence Van Ride Program, Contact: Samantha Jolin at sjolin@psesd.org or 253-778-7958

- Provides no cost transportation to and from work related activities. In rural Pierce County including (but not limited to): Spanaway, rural Puyallup, Roy, Graham, Orting, Bonney Lake, Sumner, and Pacific
- Serves: People with low incomes, special needs, elderly, and veterans.
- Available: Monday through Friday 6AM-6PM, A program of Puget Sound Educational Service District
- CDL Program is free in exchange for volunteer drivers.

Need A Break Services, (253)353-7056, www.needabreak.org

- Provide direct service through home repairs, vehicle repairs, and other gifts. Primary focus is on single mothers and the elderly. Apply online. They work with charity partners to organize volunteers and provide donations.

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TRANSPORTATION (Continued from previous page)

American Cancer Society Road to Recovery Curbside-to-Curbside Transportation Services; 1-800-227-2345

- Provides free rides to cancer patients to and from treatments, primarily Monday - Friday.
- Transportation provided based on community resources and needs and not available in all areas.
- Minimum of four business days' notice in advance of when ride is needed. Call to schedule ride.
- Volunteer: Drivers needed in all areas. Visit www.cancer.org/drive or call 800-227-2345.

Volunteer Chore Service, Catholic Community Services, 253-502-2690, www.piercecountyrides.com or www.ccsww.org

- Serves: Individuals with limited transportation options due to physical or mental disabilities have no family or neighbors to assist them, live outside of public transit service areas and/or cannot afford transportation services. May also serve older adults who are not low income who live in rural areas, can no longer safely drive, & have no other transportation options.
- Volunteer drivers take individuals to medical appointments, grocery shopping, food bank, and vital services.

Sound Transit Express Rt 596, 1-888-889-6368, www.soundtransit.org/Schedules/ST-Express-Bus/596,

- Provides ST Express Bus service to and from Bonney Lake Park & Ride to the Sumner Station weekdays during morning and evening commute hours only.

Sound Transit Sounder Train Service, 1-888-889-6368, www.soundtransit.org

- Provides Sounder Train Service including stops at Sumner and Puyallup.

Paratransit Services, 1-800-925-5438, www.wanemt.com

- Provides transportation services for non-emergency medical appointments for elderly, disabled, economically disadvantaged individuals who have a Medical Assistance card (DSHS Provider One ID) and have no other way to get to a medical appointment.
- Cabulance, transit fare, volunteer drivers, shared ride, and fuel or mileage reimbursement options.

Pierce Transit, www.piercetransit.org/get-started

- VanPool - Serves groups of 5 to 15 people traveling to and from work whose origin and destination are in Pierce County. The cost is based on commuter miles and number of riders each month. Join and existing vanpool or start a new group.
- VanShare – Serves groups of 3 or more to travel to Sumner Train Station. Cost is $30/ month.

RideShare, http://rideshareonline.com, 1-888-814-1300

- Assists commuters by providing free carpool, vanpool and bicycle ride matching services, bus/rail options, and SchoolPool carpooling programs for parents.

Orca Lift – Reduced Transit Fare, www.orcalift.com, 206-553-3000

- Reduced transit fare for low-income adults 19-65 with youth cards at no charge for Lift card holders.
- Eligibility is based on household income.
- Save 50% or more on Sounder train, Sound Transit Buses, Link Light Rail, Metro Transit and more.

HEALTH CARE / DENTAL / VISION

Washington Health Benefit Exchange, http://www.wahbexchange.org; 1-855-923-4633. A marketplace for health and dental insurance coverage. Open enrollment typically November to mid-December.

Washington Apple Health– Free or low-cost medical coverage. Apply for coverage any time, year round at https://www.wahealthplanfinder.org/_content/learn-about-free-or-low-cost-coverage.html.

Washington Basic Health Care Plan, Washington Health Care Authority 800-826-2444, http://www.hca.wa.gov/

- For low-income adults under age 65.

Washington Prescription Drug Program, Washington Health Care Authority 800-913-4146, www.hca.wa.gov

- Reduced prescription drug cost. Enroll online.

Pierce County Project Access, 253-572-7265 for donated medical care, deductions, etc. for uninsured.

Northwest Lions Foundation for Sight & Hearing / Bonney Lake Lions Club, www.bonneylakelions.com

- Provides glasses & hearing aids for those in need. Also has a mobile health van. See website for info.
- Donate: Used glasses & hearing aids to multiple locations (see website for sites).

Coastal Contacts – First Pair of Glasses are Free, http://www.coastal.com/firstpairfree (see terms and conditions)

- First pair is free, limited frame selection. Must have prescription from eye care professional, order online.

Medical Equipment Lending Closet at Senior Centers

Bonney Lake Senior Center, 19304 Bonney Lake Blvd.; 253-863-7658; www.ci.bonney-lake.wa.us
Buckley Senior Center, 811 Main St., Buckley; 253-829-0190; www.cityofbuckley.com

- Offers free assistive equipment for ill, disabled or elderly people.

Health Screenings for Seniors at Buckley Senior Center; 360-829-0190; www.cityofbuckley.com

- Total health (diabetes, cholesterol, blood sugar, immunizations) on 1st Mondays 8:30 – 1:00. Hearing and eye screening every other month (call for schedule).

Mobile Dental Clinic; Rainier Foothills Wellness Foundation & Enumclaw Youth & Family Services 360-825-4586

- Provides free services to uninsured adults – urgent care only – for individuals in Buckley, Bonney Lake, Enumclaw, South Prairie, Carbonado, Wilkeson, Black Diamond and Greenwater.
- Apply online: https://www.rfwellnessfoundation.org/initiatives/mobile-dental-van/
- Local dentists can donate time and services.

Mom & Me Mobile Medical Clinic; www.momandmemobile.org

- Provides no cost basic and preventative medical care to under-insured residents via mobile unit. See website for schedule. No appointment necessary – open to all.

Immunization Sites and Information, www.tpchd.org/resources/immunizations/

- Lists free children immunization sites, adult immunization sites, sites for uninsured/underinsured adults, requirements for schools, vaccination schedules, how to get records, and info about vaccines.

Smoking Cessation: 1-800-QUITNOW WA State Quit Line. Spanish Quit Line (800)266-3863. Support groups offered at Franciscan Health System (253)223-7538 & online classes at MultiCare www.multicare.org, (800)485-0205.

Education for Your Heart, St. Elizabeth Hospital, Enumclaw. (859) 301-9355. Free classes on heart failure basics, nutrition and exercise.

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HEALTH CARE / DENTAL / VISION (Continued from previous page)

Clean Air for Kids Asthma Outreach, Tacoma Pierce County Health Dept.; 253-798-2954; www.tpchd.org/asthma

- For an appointment e-mail cleanair4kids@tpchd.org or call 253-798-2954
- In-home service includes home environmental assessments, asthma management plan & supplies

Community Health Care Clinic, Pacific Ave. & 112th in Parkland; 253-536-2020; www.commhealth.org

- Primary medical and dental care through 8 clinics (Parkland clinic is closest to Sumner/Bonney Lake area). Women's clinic, DV clinic, Homeless, and foot care for seniors. Medical coupons, insurance plans, and payment options. No one denied care based on inability to pay.

Lindquist Dental Clinic for Children, 130-131st Street (off Pacific Ave.), Parkland; 253-539-7445; www.lindquistdental.org,

- Non-profit providing accessible dental care to Puget Sound children in need, ages 0 -20.
- Offers dental services and emergency care. Accepts Apple Health, TriCare Dental (with no out-of-pocket for covered services for qualified), private insurance, sliding fee and Uncompensated Care Scholarship options for under and uninsured children. No child is turned away due to a family's inability to pay.

Pierce College Dental Hygiene Clinic, 9401 Farwest Dr. S.W., Lakewood; 253-964-6694 dhclinic@pierce.ctc.edu

- Low cost preventative dental care is available at the Pierce College Dental Hygiene Clinic at Pierce College Fort Steilacoom. Call 253-964-6694 to get an appointment.

Smile for a Lifetime South Puget Sound Chapter (through Molen Orthodontics) http://www.molenorthodontics.com/about-molen/smile-for-a-lifetime/.

- National, non-profit provides orthodontic care to selected children with financial challenges, special situations, and orthodontic needs.
- Must be a resident of Sumner, Auburn, Enumclaw or surrounding communities. Between the ages of 11 and 17 with family income no more than 185% of poverty level (free/reduced lunch) or special circumstances. Must have significant aesthetic need for braces, enrolled in school w/ min.2.0 GPA, a positive attitude and agree to follow the treatment plan and demonstrate ability and commitment to keep all appointments and be willing to complete 40 hours of community service over the course of treatment.
- How to Apply: Print the Application and instructions at: http://www.molenorthodontics.com/about-molen/smile-for-a-lifetime/.
- Board of Directors meet bi-annually to make participant selection for program based on applications. Return your completed application to: Smile for a Lifetime, c/o Molen Orthodontics, 1110 Harvey Road, Auburn, WA 98002 or smiles4life@MolenOrthodontics.com.

Low Cost Dental Care Resource Hotline – Tacoma-Pierce County Health Dept. 253-798-6044.

SHIBA (Statewide Health Insurance Benefit Advisors), 800-562-6900

- Offers free unbiased counseling service provided by WA Office of the Insurance Commissioner to help make informed decisions about Medicare.

Family Health Hotline: 1-800-322-2588

HOUSING / HOME REPAIR / HOMELESS

Access Point 4 Housing, Associated Ministries, 253-682-3401; www.associatedministries.org/access-point-for-housing

- Centralized intake and referral system for families or individuals at risk of, or experiencing homelessness. Homelessness prevention services, assessment, case management, including rent and utility assistance.
- Services currently available at the Sumner Bonney Lake Family Center.

Rental Assistance, St. Vincent de Paul, St. Andrew's Catholic Church, Sumner, 253-863-4394 (message phone)

- Provides rental assistance for residents with Sumner, Bonney Lake, or Lake Tapps addresses. Must call to set up an appointment for a home visit. Provides additional resources to those who qualify.

LASA (Living Access Support Alliance) Rental Assistance, 253-581-8689, www.lasawa.org

- Phone line open Monday – Friday 10 am – noon.
- Provides rental assistance to 10-15 Pierce County residents each month with a 3 day pay or vacate notice. Also provide bus passes, utility assistance and prescription assistance.

Helping Hand House, 253-848-6096; www.helpinghandhouse.org

- Emergency Housing: Single family housing and basic needs for up to 90 days with intensive case management and life skills.
- Transitional Housing: Single-family housing and intensive case management for up to 24 months with strong emphasis on financial literacy, life skills and workforce training.
- Rapid Rehousing: Temporary, tailored financial and housing stabilization services that will enable families to quickly locate and become self-sufficient in their own housing.
- Permanent Supportive Housing: Single-family housing support, life-skills training, and intensive case management that decreases gradually as financial resources and skills improve to enable independence.
- Volunteer: Yard care, prep a home, supply drive, adopt a family, baked goods, and more.

Pierce County Housing and Rental Assistance Programs, http://www.pchawa.org/Housing 253-620-6500

- Section 8, Low Income Public Housing Program, Family Self Sufficiency Program, utility allowance schedules, and a list of rental properties accepting Section 8. Property locations throughout Pierce County.

Vine Maple Place, Maple Valley, 425-432-2119, www.vinemapleplace.org

- Serves: Single-parent families by providing them with transitional housing and support services.

Shared Housing Services, 253-272-1532; www.sharedhousingservices.org

- Facilitates matching of those who wish to share their homes with those needing low-cost housing. Focus on low income adults, elderly, and disabled. Transitional family housing program for families experiencing homelessness.

Affordable Rental of Pierce County (sponsored by MDC), http://www.affordablerentalpc.org

- A one-stop on-line shop for affordable places to rent in Pierce County. It is free for landlords to post their empty units and free for people to browse for their new home.

Rebuilding Together South Sound, 253-238-0977, Pierce County residents, www.rebuildingtogetherss.org

- Provides: Low-income homeowners who are seniors, disabled, or families w/children no-cost home repairs & modifications.
- Volunteer: Skills and time to help repair homes on Rebuilding Day the last weekend in April or year-round with home modifications and emergency repairs. Donate: Funds or materials (see list on website)

Need A Break Services, (253)353-7056, www.needabreak.org

- Provide direct service through home repairs, vehicle repairs, and other gifts. Primary focus is on single mothers and the elderly. Apply online. They work with charity partners to organize volunteers and provide donations.

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HOUSING / HOME REPAIR / HOMELESS (continued from previous page)

USDA Rural Development Home Repair, Loans and Grants, 253-845-0553

- Must own or be buying a home, live in it, be unable to get other financing, live in rural area, & be low income.
- Volunteer: Repair cars and do minor home repairs.

Senior Home Repair by Bonney Lake Senior Center & the Kiwanis Club of Bonney Lake; 253-863-7658

- Serves: Seniors who need minor home repairs.
- Volunteer: Help do repair projects as needed, gather firewood. Donate: Gift cards, money, firewood, supplies as needed.

Faith in Action Team, Seventh Day Adventist Reform Movement Church, Buckley; 360-829-0212

- Provides services to elderly, those in financial need and those with health problems. House, yard and gutter cleaning, simple home repairs, car oil change, pet sitting and groceries.

Pierce County Veterans Bureau; 253-798-7449

- Rental, utility, and food assistance for homeless and low income vets in Pierce County.

Catholic Community Services SSVF Program for Veterans; 253-741-5340

- Provides rapid rehousing for veteran families experiencing literal homelessness
- Case management to address employment, connects to VA, medical benefits, transportation, child care, financial planning and connections to community resources.

Pierce County Housing Program Home Repair; 253-798-7038, www.co.pierce.wa.us/index.aspx?NID=1283

- Up to $1,000 in repairs for eligible participants. Homeowners and damage to rentals caused by tenants. Must have occupied the home for at least one year. Bonney Lake residents in city limits not eligible.
- Addresses emergency health & safety issues including appliances, plumbing, roof, furnace repair and more. Apply online.
- **Disability Home Repair Program**: 253-798-4344, www.co.pierce.wa.us/index.aspx?NID=1276

Tenant Rights in Washington State, www.washingtonlawhelp.org/resource/your-rights-as-a-tenant-in-washington

- Washington Law Help website w/ information from the Landlord Tenant Act. Multiple languages available.
- Authored by the Northwest Justice Project (www.nwjustice.org)

First Time Home Buyer Assistance Program for Pierce County, 253-287-4459; www.wshfc.org/buyers/Pierce.htm

- Funding available to assist first-time home buying, lower-income households that qualify for a mortgage but lack resources for down payment. Must live in Pierce County but outside the city limits of Tacoma, Bonney Lake, and Lakewood and meet Federal guidelines for household income.

Foreclosure Prevention Services from South Sound Outreach; 253-593-2111; www.southsoundoutreach.org

- Provides free, confidential default counseling and loan modification services. Register online and complete intake form.
- Assist with completing Social Security Disability claims for homeless or those at risk for homelessness.

Foreclosure Prevention Unit, Northwest Justice Center; 1-800-606-4819

- Helps qualified people threatened with homeless foreclosure

WA Foreclosure Prevention Resource Guide (online) http://www.tre.wa.gov/documents/waResourceGuide091710-FINAL.pdf

School District Homeless Education Coordinators, Sumner/Bonney Lake 253-891-6537; White River 360-829-3959

- Provides services to students living in transition.

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HOUSING / HOME REPAIR / HOMELESS (continued from previous page)

Mother 2 Many Ministry, Bonney Lake 253-921-2138, email info@mother2many.org, www.mother2many.org

- Helping homeless teens & young adults with clothing, coats, and personal care items. Donations needed.

Housing 4 Success, Referral through Access Point 4 Housing at 253-682-3401; www.reachtacoma.org/housing

- Serves: Homeless unaccompanied youth and young adults ages 13 – 24.
- Provides subsidized housing and case management (job, mental health, substance abuse, education, life skills and training). A collaboration between Associated Ministries, Shared Housing Services, the REACH Center, and Vadis.
- Volunteer: Host homes needed – monthly rent provided.

Freezing Nights Puyallup & Sumner, 253-845-2897 ext. 777; Puyallup Homeless Coalition partnership with 10 churches.

- Provides adults in Sumner and Puyallup with free winter sheltering and hot meals in various locations Nov. - Mar.

Winter Shelter Program, Buckley & Enumclaw, 360-825-8961; a program of Plateau Outreach Ministries in Enumclaw

- Provides adults and families in Buckley, South Prairie, Wilkeson, Carbonado, Black Diamond and Enumclaw with free winter sheltering and hot meals in various churches. Transportation from Calvary Presbyterian Church, Enumclaw at 6:30 pm.

Project Homeless Connect, 253-426-1501; https://associatedministries.org/supportive-services/project-homeless-connect/

- Hosts events to provide services that address basic needs, including medical and dental care, access to education, employment and benefits systems, chemical dependency assessments, flu shots, haircuts, and more.
- See website for locations and dates. East Pierce County location typically held in the spring.
- Volunteer: Sign up online to help – wide variety of volunteer opportunities.

Comprehensive Life Resources Homeless Outreach; 253-396-5275, homelessoutreach@cmhshare.org

- Coordinated entry, benefits, mental health, substance treatment, clothing, hygiene, food, employment, shelter connections.

Resource Guide for the Tacoma Pierce County Coalition to End Homelessness:
http://cms.cityoftacoma.org/hrhs/homelesscoalition/memberresourceguide/MRG%202012%20final.pdf

UTILITY ASSISTANCE

City of Buckley

- Offers utility discounts to low income seniors and persons with disabilities. Complete details and applications are available at the Buckley Multi-Purpose Center or at the City Offices.

City of Bonney Lake

- Offers utility discounts (water & sewer) for low income seniors and persons with disabilities. Application available online at http://www.ci.bonney-lake.wa.us/UserFiles/File/Forms/Finance/SeniorDiscountRequest.pdf

LIHEAP (Low Income Home Energy Assistance Program); http://liheap.commerce.wa.gov

- Pierce County Community Connections 855-798-4328 to make an appointment. Only makes appointments Mon. through Thurs. beginning at 7am until all appointments are filled. Eligibility guidelines are online. If your utilities are completely disconnected please call 253-798-3590 and leave a message.

LASA (Living Access Support Alliance) 253-581-8689, Monday – Friday, 10am – noon

- Water and sewer bill assistance only, no shut off or late fees. Open to all Pierce County residents.

PSE Energy Assistance Upgrades for Mobile Home Owners 1-800-828-8440

- Must own mobile / manufactured home, PSE customer, and use electric forced air as primary heat source.
- Provides free sealing of ductwork, free light bulbs, shower heads, and furnace filter replacements.

Pierce County Connections Home Weatherization Program; www.co.pierce.wa.us/index.aspx?NID=1290

- The weatherization team examines single and multi-unit dwellings and mobile homes for existing heat loss conditions. Teaches how to save energy and maximize efficient, safe operations of heating system.
- Apply online. Contact 253-798-6115 for more information.

PSE Free Refrigerator Replacement: 1-877-341-2314.

- Free delivery and removal of old working refrigerator (1992 or older) http://pse.com/savingsandenergycenter/ForHomes/Pages/Free-Appliance-Replacement.aspx,

Free Cell Phones & Minutes for income eligible; https://www.co.pierce.wa.us/3499/Cellphone-Lifeline-Program

- Lifeline Free Cell Phone Programs: A government benefit program that provides discounts on monthly telephone service for eligible consumers living on low incomes to help ensure they have the opportunities and security that telephone service affords, including being able to connect to jobs, housing, family and 911.
- Assurance Wireless (from Virgin Mobile), Budget Mobile, SafeLink Wireless (from Tracfone) and YourTel Wireless all offer a free, basic cell phone and 250 free minutes every month, plus free voice mail, caller ID and call waiting. Low-cost additional minute packs can be purchased online, by phone and at stores. The phones come with one year of service, one month's free minutes, and new free minutes are added each month.

Low Cost Internet Access Programs (see eligibility guidelines)

- Comcast Internet Essentials, www.InternetEssentials.com, 1-855-846-8376
- CenturyLink Internet Basics, www.Centurylink.com/home/internetbasics

Firewood Resources – Please contact one of the agencies listed on page 2 of this guide that serves your location (under General Assistance and Resources) to assist you in locating this resource in your area.

Pierce County Veterans Bureau; 253-798-7449

- Rental, utility, and food assistance for homeless and low income vets in Pierce County.

Litter Credit Application ($125 voucher for the dump) - 253-798-4636 or apply online: https://www.co.pierce.wa.us/index.aspx?nid=1578

DSHS Emergency Services, https://www.dshs.wa.gov/esa/community-services-offices/emergency-programs

- Provides food & cash assistance, medical services. Meet eligibility requirements for Temporary Assistance for Needy Families (TANF), State Family Assistance (SFA), or Refugee Cash Assistance (RCA), have an emergency housing, utility or other need; and have a good reason that you had insufficient funds to pay your housing or utility costs.

PARENTING / CHILDCARE / PREGNANCY

Good Samaritan (Multi-Care) Community Services Parenting Classes, 253-845-9177

- Provides a variety of classes in multiple locations in East Pierce County. Classes include Parenting with Love 'n Logic, Strengthening Families Parenting Class, Transition to Parenthood, Happiest Baby on the Block, Incredible Years, and support groups for ADHD and Relatives Raising Children. Please call for current schedule.

Triple P Parenting
White River Family Support Center, 27515 120th St. E., Buckley, 360-829-5883
Sumner / Bonney Lake Family Support Center, 1518 Main St., Sumner 253-891-6150

- Offers answers to questions about a parenting. Call for a 10 minute consultation about a variety of common parenting dilemmas. Can refer to a parenting class or on-line parenting curriculum.
- Focus is on families with children ages 12 years and under.

Parenting With Love & Logic

- Offered annual through the Sumner/Bonney Lake Family Support Center, Call 253-891-6150 for class schedule.

Readiness to Learn, Puget Sound Educational Service District; 253-798-7949, www.psesd.org

- Provides support services to families with K-12 children in all school districts. Includes helping families develop problem-solving skills, linking them with resources and encouraging ways to support their children in school.
- Can self-refer or refer through schools (call your school for more information). Services are free and voluntary.

Childfind - Sumner School District (253) 891-6036 / **White River School District** 360-829-3959

- Free developmental screenings for children between three and five years of age to determine if children are eligible for special services support. Assesses cognitive skills, communication skills, fine motor skills, gross motor skills, self-help skills and social/emotional skills. Screening appointment September – May.

Boost – A Step Ahead in Pierce County, 253-363-0570

- Provides support for children ages 0 – 3 and their foster parents or relative caregivers.
- Partnering with foster parents to support their child's strengths and challenges – at home, childcare, and during other times of change. Ensure that children have equal access to programs and services
- For information or to make a referral contact boost@asapc.org or call 253-471-2727

A Common Voice – 253-537-2145, **www.acommonvoice.org**

- Supporting Parents raising children with significant mental health needs. Family-driven and youth-guided care plans. Increase daily coping strategies, navigate child serving systems including school, juvenile court and mental health. Parent Support Groups, Workshops, and Individual Support. Will attend IEP's with parent if asked.

PAVE – Pierce County Parent to Parent, 253-525-2266, www.P2P@wapave.org

- Serving parents of a child, youth or young adult with a disability and/or special health care needs, youth or young adults with a disability and/or special health care needs, and military active duty, retired or veteran parent, family or youth. Provide information, resources, training, inclusive events, community referrals, support groups and person centered plans.
- Sumner/Bonney Lake Parent Support Group for parents and caregivers of individuals with disabilities and exceptional healthcare needs meets monthly during the school year on the third Thursdays from 1:00 - 3:00 pm, at the Sumner/Bonney Lake Family Center a 1518 Main St. in Sumner.
- Down Syndrome Support Group meets second Friday of the month at 6:30 p.m. at rotating Pierce County locations, including Sumner. Questions contact 253-439-8001

Early Head Start Home-Based Services; 253-778-7800, Puget Sound ESD, www.psesd.org

- Free comprehensive prenatal, infant, toddler (up to 30 mo) and family development program to eligible children & families.

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PARENTING / CHILDCARE / PREGNANCY (Continued)

READY! For Kindergarten; 253-891-4776, www.readyforkindergarten.org

- Offers age-appropriate targets, trainings and tools for parents and caregivers of children birth to five years that ensure children success when entering kindergarten. Volunteer opportunities available.
- **Sumner School District:** www.readyforkindergarten.org/sumner; Free classes for parents/primary caregivers. Childcare provided (pre-registration required). Contact 253-891-4776.
- **White River School District:** www.readyforkindergarten.org/wrsd; Free classes for parents/primary caregivers. Childcare is provided (pre-registration required). Contact 360.829.3357.

In-Home Nursing Support, Tacoma Pierce County Health Dept., 253-798-6404

- Public Health Nurses provide personal support, answers to questions and connections to available services in your area.

ECEAP (Early Childhood Education & Assistance Program), Pierce County; 253-798-4400 (press option #4), www.piercecountywa.gov/preschool

- Provides free preschool and services at various local locations to eligible children & their families.

ChildReach; 253-798-3698, www.piercecountywa.gov/preschool

- Program partners Pierce County and the Puyallup Tribe providing developmental screening for tribal children aged birth to six years old. ChildReach is only accessible through specific Tribal programs.

WIC (Womens, Infants, Children Nutrition Supplement Program); www.multicare.org/home/good-samaritan-wic

- Bonney Lake: 10004 204th Ave. E., Ste 2300; 253-447-4769; Tues & Fri 8:45am–12:30pm & 1:15pm–4:45pm
- Provides food & vouchers for pregnant women, breastfeeding & postpartum women, infants, & young children.

MOPS (Mothers of Preschoolers) –www.mops.org; Sumner – Faith Covenant Church MOPS group, 253-863-5101

- Serving moms w/children ages birth to Kindergarten. Currently meets every other Friday morning Sept – May.

Olive Crest Ministries, Safe Families for Children; 877-341-7332; www.safe-families.org; www.olivecrest.org

- For parents dealing with homelessness, jail time, drug addiction, sickness, hospital stays, no job or other crisis who need to give their child a safe place to stay.
- No cost to families. For children 0-18 yrs., any length of stay, no loss of parental rights.

Relatives Raising Children Support Group "It Takes A Village" – 253-862-5260

- For those who are raising the children of a relative.
- Meeting once a month on the 3rd Wednesday of the month from 5 - 6 pm at the Prairie Ridge Community Service Center located at 14104 Prairie Ridge Dr., Bonney Lake.
- Support, assist, and chat with one another about the gifts and challenges of raising a child. Free dinner at Rec Hall immediately follows (optional). Lead by Vivianna Winklestin, Family Support Worker.

Hope Sparks Family Services (Relatives Raising Children); Puyallup 253-565-4484, www.HopeSparks.org

- Provides support, Counseling, education and advocacy to strengthen relatives and non-relatives who have assumed care of children not theirs by birth and to keep these children with their family.

Care Net of Puget Sound, Pregnancy & Family Services, 253-941-2664, www.carenetps.org

- Provides no-cost compassionate practical **care**, accurate information and life-affirming resources related to pregnancy, sexual health and abortion recovery. Parenting classes, pregnancy and STD testing, limited 1st trimester ultrasounds, childbirth education, baby boutique, options counseling, sexual risk avoidance, support groups, community referrals & resources, perinatal hospice support, & sex trafficking awareness.
- 24/7 Helpline 1-877-NOT-ALONE
- Closest locations in Federal Way (1414 S. 324th St, Ste B105) & Puyallup (11102 Sunrise Blvd E, Ste 107)

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PARENTING / CHILDCARE / PREGNANCY (Continued)

Step By Step, 253-896-0903, 3303 8th Ave SE, Puyallup, www.stepbystepnews.org

- This non-profit serves at-risk pregnant women so they will deliver a healthy baby, embrace positive parenting, and establish a safe home. Also assist with providing for your baby.
- In-home services available by nurses and counselors. Can also apply online for their services.

After School 21st Century Clubs:
Dolphin Club at Daffodil Valley Elementary School, Sumner; 253-891-4600
Thunder Eagles Club at Liberty Ridge Elementary School, Bonney Lake; 253-891-4600

- A free after-school program for students attending Daffodil Valley Elementary. Focus on math and reading.
- Volunteer: Help with one-on-one academic enrichment (4:15–5) or enrichment activities (5-5:45)
- Donate: Books, art supplies, Legos, K'nex, board games, puzzles.

JAM – Just Amazing Moms; at Calvary Community Church in Sumner, www.wearecalvary.com/women/jam/

- All moms of every age and stage welcome. Childcare available with pre-registration.
- Meets every other Tuesday from 9:30 to 11:30 am. Similar to MOPS, has speakers, panel discussions and parenting topics and small group discussions. Childcare is available.
- Volunteer opportunities available. Call 253-863-3352

GIFT – Growing in Faith Together; meeting at Community Presbyterian Church Annex, Buckley; 360-829-1222

- For all young mothers who want to make connections and do seasonal crafts together.
- Meets fourth Wednesdays, 10 – 11:30 am and childcare is available.

Pierce County Libraries (Sumner, Bonney Lake, Buckley); www.piercecountylibrary.org

- Provides free story times for families, babies, toddlers, preschool, bi-lingual – see calendar for each location.
- Family Game Nights on Tuesdays from 6 – 8:30 pm at Bonney Lake Library (see online calendar).
- Block Play, KaBoom Playground, Mommy & Me Musical Time, and a variety of free programs for children of all ages (see online calendar).

Enumclaw Toy Library; (360) 329-2407, 3333 Griffin Ave., Enumclaw; www.facebook.com/EnumclawToyLibrary

- Provides toys for toddlers to preteens. Like a book library, members check out toys for 4 weeks and returns them to the library. A non-profit organization. Membership fee $40 or donate $40 in toys or volunteer.
- Typically open once a month on 1st Sundays from 2 – 5 pm and 2nd Wednesdays from 4 – 6 pm. Watch Facebook page for next open date and times.
- Donate: Both large and small toys in good condition.

Fun for the Littles with Tacoma Children's Museum; at Prairie Ridge Rec Hall, 14205 215th Ave E, Bonney Lake

- Seasonal program in partnership of Tacoma Children's Museum and their Play2Learn program for preschool age children and their parents. Typically winter and spring sessions on Fridays from 10 to 11:30 a.m. Open to all children 6 and under. Hosted by the Prairie Ridge Community Coalition (check their Facebook for information).

Washington Homeschool Organization; www.washhomeschool.org (statewide non-profit membership organization)

Child Protective Services - http://www.dshs.wa.gov/ca/safety/abusereport.asp,

- **Hotline** - call **1-866-ENDHARM** (1-866-363-4276), **Nights & Weekends** - call **(800) 562-5624**.

Child Care Resource & Referral for Tacoma-Pierce County; 253-591-2025, www.cityoftacoma.org/childcare

- Find child care and preschool resources throughout Pierce County. Assistance with finding care for special needs children.
- Information and training on becoming a licensed child care provider and supporting child care providers.

SEE ALSO "Youth Development & Recreation Resources" Pages

EMPLOYMENT / JOB PREPARATION / TUTORING / CONTINUING EDUCATION

Pierce County Library Job Search & Online Job Coaching, www.piercecountylibrary.org.

- Job search services, resume writing, computer classes, and live online interview coaching.
- Free online job coaching available from your library or home computer. Sumner location has a Job & Business Center open to everyone.
- Job search workshops available at multiple locations. Please check online for class schedule.
- Lynda.com offers a selection of career development courses.

Microsoft IT Academy offered through Pierce County Library, www.piercecountylibrary.org

- Offered online 24/7 for free in partnership with Microsoft and the Washington State Library.
- Develop computer skills, become proficient in Microsoft software, learn about web development and more.

Technology & Job Skills Classes FREE at the Pierce County Libraries; www.piercecountylibrary.org

- See website for classes, times & locations. Classes include Excel, Word, computer for beginners, internet, more.
- Learning Express Library online in math, reading, writing, and academic & occupational tests.

WorkSource Online Job Search, 253-593-7303; 1305 Tacoma Ave. S., Tacoma; www.worksourcewa.com

- Find job openings, learn strategies for finding a job, help preparing resume, interview skills, & more.
- Online job matching through Monster.com at no charge.
- Onsite location offers workshops, computer and internet access, training programs, and more.

Jobs for Life, Bridges of Love, 253-531-2366, http://bridgesoflovenw.org/jobs-for-life, located in Puyallup

- 16 week job training, Christian-based course - creates job skills and creates a networking support system.

WorkFirst, http://www.workfirst.wa.gov

- Helps parents get what they need to prepare for and go to work. A partnership between state agencies and communities to work together to provide the necessary services and resources families need to be successful.
- See if you qualify and apply online: www.washingtonconnection.org/home/

CAREER (Community Action Resource for Education & Employment Readiness), Pierce County Human Services, 253-798-6104, www.piercecountywa.org/hs

- Educates and trains clients to help them find employment. The program connects families with support services necessary to help avoid long-term public assistance dependency. Provides assistance with resume writing, interviewing skills, skills assessment, career guidance, GED and more.
- May be eligible for hygiene products, clothing for jobs, license fees, gas cards, ORCA card, and other services. People receiving basic food assistance are eligible.

Courage 360 (formerly WA Women's Employment and Education), 253-474-9933; 3516 S. 47th, Suite 205, Tacoma; www.courage360.org

- Provides job readiness, computer skills training, and housing support services to low-income women. Employment services and paid internships offered throughout Pierce County for qualified individuals.

ResCare Workforce Services, 253-219-8772

- Provides free on the job training, education, support services, case management and employment preparation for 16 – 24 year olds in Pierce County. Priority to low-income, disabled, homeless, drop-out, single parent, IEP. Transportation, GED, work and interview clothes, resume writing, individualized goals & resources, and more.

VADIS for people with disabilities, 1701 Elm St., Sumner; 253-862-5173; www.vadis.org

- Providing people with disabilities with employment opportunities.

Adult Basic Education at Pierce College, Call 253-840-8455 for more information

- Day and evening classes are available. Please call for the schedule. Tuition is $25 per quarter.

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EMPLOYMENT / JOB PREPARATION / TUTORING / CONTINUING EDUCATION (Continued)

Employment Pipeline, DSHS, 360-704-0936 or 360-515-8903

- Pathways to employment for DSHS clients.
- Experienced case workers work with clients, employers and educators and other support staff to provide services needed to succeed at finding employment in a new job.

Goodwill Job Training, Tacoma; **https://www.goodwillwa.org/training/services/**

- **Financial Education Program** -Designed to provide members of the community with invaluable skills essential to building financial stability and self-sufficiency.
- **Job Club** - A group workshop for anyone that is looking for help with re-entry, resume building, applications, interview preparation and Valeo Vocation / WIOA. Meets every 2nd & 4th Wednesday 2 – 3:30pm at Goodwill's Milgard Work Opportunity Center. Call: *253.573.6832*
- **Job Resource Room** - Available to all Goodwill job seekers and the general public for an ongoing job search. Staffed with resources and people available to assist. Call: *253.573.6577*
- **REACH Center** - A partnership of agencies and schools that provides a one-stop approach to career, education and personal and professional development for at risk youth ages 16-24. REACH is located on the first floor of the Goodwill Milgard Work Opportunity Center. Call: *253.573.6800*

Senior Community Service Employment Program, Goodwill, 253-573-6792 www.goodwill.org/scsep

- Serves: 55+, unemployed, low-income (125% of poverty) in Pierce County
- Provides temporary, subsidized job training and community service work placement 20 hrs a week.
- Looking for nonprofits & agencies to place individuals in internships at no charge.

The Road to Independence CDL Program (Puget Sound ESD), Samantha Jolin, sjolin@psesd.org or 253-778-7958

- Earn Class B CDL with School Bus and Passenger Endorsements through Volunteer work. Volunteer 120 hours of time (about 3 months) and you will be offered a spot in the CDL class (one week classroom and three weeks on the road). Always looking for Sub Bus drivers, so there is employment opportunities with the organization.
- Sponsored by Puget Sound Educational Service District.

Building Beyond the Walls, www.buildingbeyondthewalls.org email: Sue@BuildingBeyondtheWalls.org

- Provides free basic construction skills training, teaching the basics of construction through a series of hands-on training classes where a small building is completed to benefit a local non-profit or organization.
- Serves adults and youth 16 and over of all abilities.
- Volunteer/Donation: Construction contractors as instructors, donate materials and funding.

ANEW; http://anewaop.org/programs/pre-apprenticeship-trades-rotation-training-program,

- Pre-apprenticeship Trades Rotation Program offers an 11 week, part-time, pre-apprenticeship training in Renton and Tacoma, that helps women enter non-traditional careers in construction trades and manufacturing.

Green River Community College-Enumclaw Campus; 253-288-3400; 1414 Griffin Ave., Enumclaw
www.greenriver.edu/students/academics/enumclaw-campus/

- Offers a variety of credit and non-credit classes to serve the Plateau. Flagger Training, GED, community education and personal development, kids summer camps, and more.

Food Card Class Online, Tacoma Pierce County Health Dept., www.foodworkercard.wa.gov

- Learn on-line, take the test, and pay $10 for a card. Available in multiple languages.

Career & Education (Adult Learning Center) Online at www.PierceCountyLibrary.org (library card & login required)
https://polariscatalog.piercecountylibrary.org/polaris/Search/misc/esources.aspx

- Read lessons, watch videos, take tests on a variety of subjects including computers & technology, math, writing, reading, ESL, test preparations (ASVAB, TABE, US Citizenship, Nursing School tests, GED, college entrance exams, AP, and more).

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EMPLOYMENT / JOB PREPARATION / TUTORING / CONTINUING EDUCATION (Continued)

Universal Class by Pierce County Library; https://piercecowa.universalclass.com/barcode-login.htm

- Offers over 500 free online non-credit continuing education courses in a wide variety of topics

Public Education Programs at East Pierce Fire & Rescue, 253-863-1800, www.EastPierceFire.org

- CPR & First Aid Classes available monthly for $15. Safe Sitter Classes $40. Free fire extinguisher training, smoke alarm installation, bicycle helmet sales/fitting, child car seat inspections, and life jacket sales & loaner program.

Coursera Online Courses (free), www.coursera.org

- Education platform that partners with top universities and organizations worldwide, to offer hundreds of courses online for anyone to take, for free. Watch short video lectures, take interactive quizzes, complete peer graded assessments, and connect with fellow learners and instructors.

Tacoma Area Literacy Council (TALC) serving East Pierce County Residents; 253-272-2471, www.tacomaliteracy.org

- Provides free one-on-one tutoring in basic literacy skills and English as a Second Language to adult learners.
- Tutor & learner meet at convenient times in a public location. Lessons are confidential and goal oriented.
- English Language classes for adults at the Sumner/Bonney Lake Family Support Center (call for dates)
- Volunteer: Tutors needed, free training provided.

Language Learning with Pierce County Library: https://www.piercecountylibrary.org/services/online-services/language-learning.htm

- Pimsleur Language Program - Learn a new language online at your own pace or check out language-learning audiobooks, free with your Pierce County library card. More than 150 audio language-learning programs by Pimsleur available to check out in audiobook CD formats.
- Pronunciator - Learn any of 100 languages online with personalized courses, study guides, video phrases, movies and more. Free. Library card and login required.

Talk Time in Enumclaw; 360-825-2045

- Practice speaking English with other English language learners. Classes are free - join any time. Registration not required.
- Class meets the 2nd and 4th Tuesdays at the Enumclaw Library, 6:30-7:30pm and on the 1st and 3rd Tuesdays at JJ Smith Elementary, 9:30-10:30am.

YOUTH TUTORING RESOURCES

Free Online Homework Help for Students, Pierce County Library, daily 1pm-10pm, www.piercecountylibrary.org.

- Expert Tutor helps with English, language arts, math, science, social studies, and more
- Available from your library or home computer.

Village Tutors at Buckley Youth Center, 251 S. River Ave., Buckley; 360-829-6534

- Free Comprehensive tutoring services for youth who live in White River School District. Takes Bonney Lake students as space allows.
- Math camps offered in the summer.
- Mondays, Tuesdays and Wednesdays from 4:30 to 6:00 pm when school is in session.

Gordon Family YMCA, (253) 826-9622, 16101 64th St. E., Sumner; www.ymcapkc.org/gordonymca

- Homework Help for ages 12 -18 at the Teen Center Monday and Thursday from 3:30-5pm.

Learning Library Online at www.PierceCountyLibrary.org (library card & login required)
https://polariscatalog.piercecountylibrary.org/polaris/Search/misc/esources.aspx

- Read lessons, watch videos, take tests for elementary, middle & high school class material. Also subjects including computers & technology, math, writing, reading, ESL, test preparations (ASVAB, TABE, US Citizenship, Nursing School tests, GED, college entrance exams, AP, and more).

SUPPORT GROUPS / CARE MINISTRIES/ COUNSELING/ADDICTION & RECOVERY

Calvary Community Church Support Groups & Care Ministries, 15116 Gary St., Sumner; 253-863-3352; www.wearecalvary.com

- Grief Share for individuals experiencing loss; Pure Desire to help men break free from sexual addiction; Betrayal & Beyond for women who have been betrayed in relationships; Rugged Cross Mentoring for people wrestling with life issues; Celebrate Recovery for chemical dependency, co-dependency, anger, depression, anxiety or food addiction; The Landing for teens dealing with bullying, identity, anxiety and other life issues; Premarital mentoring 8 week class for preparation and enrichment.

Good Samaritan Behavioral Health, 253-445-8120; www.multicare.org/goodsam

- Child & Adolescent Services meets the unique needs of children and adolescents exhibiting problems of mood, behavior or adjustment, which are adversely affecting their sense of self-worth and/or their functioning at home, school or community.
- Adult Community Support Services are individually tailored for adults with severe, long-term mental illness and for children and adolescents with significant emotional or behavioral problems.
- Family Therapy helps a child or teenager having emotional or behavioral problems is often best done with the whole family working together with a mental health therapist.
- Domestic Violence Counseling provides specialized counseling for those who have experienced physical, verbal and/or emotional violence in their relationships.
- Older Adult Services provides support to older adults and their caregivers who are experiencing many of the difficulties common to their age group, including depression, anxiety, dementia, behavioral disturbances, and grief and loss.
- Adult Outpatient Chemical Dependency Program serving adults w/ private & DSHS insurance. 253-697-8420
- Walk-In Clinic for adults and children w/Medicaid or Healthy Options. Located at 325 E. Pioneer, Puyallup. 253-697-8400 for more information.

Absolute Ministries, (877) 306-5799, 1402 Lake Tapps Parkway E., Auburn, www.absoluteministries.org

- Provides faith-based positive housing. Individuals will make a commitment to lead a substance free life, in an atmosphere that focuses on Jesus; while developing accountability, integrity, character, transparency, and responsibility. Making recovery sustainable for individuals that have completed a drug or alcohol inpatient program.
- Absolute Support for Families of Addicts meets at Resonate Church, 10318 Hwy 410 E, Bonney Lake on the 2nd & 4th Wednesdays at 6:30 pm. Open to the public.

School-Based Drug & Alcohol Counselors, located at schools in all districts.

- Drug and alcohol counseling and pre-screening appointments are available to students through their guidance office, counselors or administration. Please contact child's school for more information.

Battlefield Addiction, (253) 334-2233, www.battlefieldaddiction.com

- Serves Military (retired and active duty) - Reconnecting the family, the addict and the community. Empowering families through straight forward approach, providing expert guidance and a lifetime network of support services. Offers support groups and family workshops.

Salvation Army Community Center; 253-841-1491, 4009 9th St. SW, Puyallup

- Food pantry, senior center, clothing, addition help and general assistance offered.

Rainier Foothills Wellness Foundation, Mental Health Task Force; 360-802-3206
https://www.rfwellnessfoundation.org/initiatives/mental-health-task-force/

- Provides classes and online information on mental health and resources.
- NAMI Family to Family Class - free 12-session class for families & friends of adults living with mental illness.

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SUPPORT GROUPS / CARE MINISTRIES/ COUNSELING/ADDICTION & RECOVERY (Continued)

Enumclaw Youth & Family Services, 360-825-4586, 1356 Cole St., Enumclaw, www.ayr4kids.org

- Offers individual and family counseling including youth behavior therapy, anger management, substance abuse assessments, DBHR certified outpatient drug & alcohol groups, and outreach services.
- Enumclaw Family Housing complex for low-income w/case management and support services for South King & North Pierce residents.

Recovery Café, Orting Valley; (360) 208-8010, 113 Varner Ave. SE, Orting (behind Orting United Method Church)

- Serving individuals who have been traumatized by homelessness, addiction and other mental health challenges.
- Current hours of operation are Wednesday and Saturday from 10:30am - 4:30pm.

New Freedom Recovery Center, 10215 214th Ave. E., Bonney Lake; 253-862-7374; www.newfreedomrecoverycenterwa.com

- Substance abuse outpatient care, special groups and programs for adolescents, persons with co-occurring mental and substance abuse disorders, and DUI and DWI offenders. Private insurance or sliding fee scale.

Exodus Counseling & Treatment Services, 253-891-2662; 918 Alder St., Sumner, exoduscounseling@comcast.net

- Services: marriage & family, OCD, PTSD, addiction, mental health, court ordered and voluntary treatment, life coaching.
- Adult and adolescent services. Some insurance accepted, income sensitive.

Life Change Christian Counseling, 253-310-0350, www.lifechnagenw.org

- Offering help to those who are in crisis and cannot afford counseling.

Buckley Professional Counseling Services, 360-763-0882; 117 S. Cedar St., Suite 2, Buckley

Mental health counseling services for children, teens, adults, families and couples.

Area Support Groups (Several groups in the area, please call for detailed information and meeting locations)

- Alcoholics Anonymous: 253-474-8897
- Narcotics Anonymous: 253-531-8792
- Plateau Nar-Anon Family Group - Mondays 7pm, Enumclaw St. Elizabeth Hospital in the Rainier Conference room. Nar-Anon Family Groups are for those who know or have known a feeling of desperation concerning the addiction problem of someone very near to you. If you arrive after 7:00 pm, enter the building through the Emergency Room entrance. Contact: email plateaunaranon@gmail.com
- Al-Anon and Ala-teen: 800-726-8094 (meeting at Finn Hall, Buckley)
- Gamblers Anonymous: 1-855-222-5542
- Celebrate Recovery:
    - Sumner Assembly of God on Fridays at 6pm;
    - Finn Hall, Buckley (234th Ave E) on Saturdays 6pm;
    - New Hope at 18408 S. Tapps E., Bonney Lake, on Saturdays 6pm;
    - Freedom Recovery Center, Bonney Lake, on Saturdays;
    - Calvary Community Church, Sumner, on Mondays at 7:00pm, optional dinner at 6:30pm.
- CARE – Chemical Abuse Resource & Education (information & referral): 253-572-2273
- Absolute Support for Families of Addicts - Meets at Resonate Church, 10318 Hwy 410 E, Bonney Lake on the 2nd & 4th Wednesdays at 6:30 pm. Open to the public.
- Recognizing Grief, CHI Franciscan Enumclaw, 253-548-4627, grief support group, registration not required but recommended. 1st and 3rd Mondays from 1 – 2:30 pm at St. Elizabeth Hospital Garden Room.

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SUPPORT GROUPS / CARE MINISTRIES/ COUNSELING/ADDICTION & RECOVERY (Continued)

Prevention Coalition (Online Info & Resources) – An informational site designed to educate parents, teachers and concerned community members about teen drug use and ways to prevent it. www.thepreventioncoalition.org

National Alliance on Mental Illness (NAMI) – Online Information on living with a mental health condition. https://www.nami.org/Find-Support/Living-with-a-Mental-Health-Condition, 253-677-6629

Hoarding Support & Referrals - http://thehoardingproject.org/home/king-pierce-county-hoarding-task-force

Crisis Lines

- Bridges – For Grieving Children: 253-272-8266
- Crisis Text Line (Mental Health) – Text "HEAL" to 741741
- King County Crisis Line: 866-427-4747
- LGBTQ Support for Youth (Trevor Project): 866-488-7386
- LGBT National Hotline: 1-88-843-4564
- National Human Trafficking Resource Center Hotline: 1-888-373-7888
- Nat'l Suicide Prevention Lifeline: 800-273-TALK
- National Runaway Safe Line: 1-800-RUNAWAY
- National Sexual Assault Hotline: 1-800-656-HOPE
- Pierce County Mental Health Crisis Line: 800-576-7764
- Pierce County Recovery Support Line: 1-877-780-5222
- Sexual Assault Crisis line: (800)756-7273
- Teen Link Help Line: 866-TEENLINK
- Veteran Crisis Line: 800-273-8255
- Washington Recovery Help Line: 866-789-1511
- WA State Domestic Violence Hotline: 800-562-6025

DOMESTIC VIOLENCE / ABUSE

Exodus Housing, P.O. Box 1006, Sumner, WA 98390; 253-862-6808, www.exodushousing.org

- Serves: Homeless families with children who have been impacted by domestic violence; permanent housing, tailored strength-based empowerment model of case management, and family renewal services.
- Donate: Household supplies, money, gift and gas cards, toiletries, diapers size 4 - 6.
- Volunteer: Have an essential needs drive w/ friends or coworkers. Language interpreting and translation.

Domestic Violence Housing Services (Please call for detailed information)

- Associated Ministries Housing & Shelter Services, 253-383-3056 ext.111: 14 Pierce County shelter programs, severe weather shelter programs, information on available shelter beds & rentals assistance, Open Hearth Ministries case management. www.associatedministries.org
- Helping Hand House, 253-848-6096 ext. 12: Transitional housing for homeless with children, rapid rehousing, emergency housing. www.helpinghandhouse.org
- Phoenix Housing Network, 253-471-5340: Housing for families with children under 18. www.ccsww.org
- YWCA Domestic Violence Shelter, 253-383-2593: Housing for domestic violence. www.ywcapiercecounty.org
- Family Renewal Shelter, 253-475-9010 (24 hr crisis line); Emergency advocacy and transportation for women & children in immediate danger, case management, transitional housing. www.domesticviolencehelp.org

Good Samaritan Domestic Violence Victim Services (located in Puyallup) 253-445-8120

- Services: Specialized counseling, weekly support group, education, and support, advocacy, information and referral. For those who have experienced physical, verbal and/or emotional violence in their relationships.

Crystal Judson Family Justice Center & Helpline, 253-798-4166, www.familyjusticecenter.org

- Offers wide array of social services and government assistance to victims of domestic violence.

Washington State Domestic Violence Hotline: 800-562-6025

National Domestic Violence Crisis Line: 1-888-550-3915

Sexual Assault Center of Pierce County, 24 hour crisis line (800)756-7273, 253-597-6424

COMMUNITY COALITIONS

Sumner/Bonney Lake Communities for Families Coalition (CFF), Meets 1st Thurs., 3:00 at Gordon Family YMCA, Sumner; 253-891-6032. Website: https://www.sumnersd.org/domain/437 and on Facebook.

- Goals: Identify community assets & needs, link resources, services & activities, support family-related activities.
- Activities/Volunteer: Youth forums, Community Summit, Drug Free Communities Coalition, Unsung Hero Award, and support activities benefiting youth and families.

Prairie Ridge Community Coalition, Meets 2nd Tuesdays, 10 am at Prairie Ridge Comm. Service Cntr, 14104 Prairie Ridge Dr., Bonney Lake; 360-897-8378; Find on Facebook www.facebook.com/pages/Prairie-Ridge-Community-Coalition

- Promote partnerships to provide programs and resources for youth and families, including weekly hot meal site, school supply distribution, National Night Out, holiday events, activities for youth & families, summer activities and lunches for children, community safety events, networking.
- Donate: Christmas stocking stuffers & candy, school supplies, dinner service supplies, summer activity supplies.
- Volunteer: Seeking partners to sponsor youth & family programs and assist at existing events.

White River Families First Coalition (FFC), Meets 4th Mondays, 3:30 at the Buckley Fire Station, 611 S. Division St., Buckley; 253-829-0600. On Facebook www.facebook.com/pages/White-River-Families-First-Coalition

- Promotes activities, education and partnerships that support the health and human services needs of individuals, youth and families in order to strengthen White River communities. Website: www.whiteriver.wednet.edu, click "departments" then "Family Support Services" then "Families First Coalition".
- Activities/Volunteer: Community Summit, Community Champion Awards, community programs.

Rainier Foothills Wellness Foundation, 360-802-3206, 1675 Cole St., Enumclaw, www.rfwellnessfoundation.org

- Initiatives include Foothills Healthy Community Coalition (Drug & Alcohol), Mental Health Task Force, LINCCK (Violence Prevention), Care Van, Dental Van, and Neighbors Feeding Neighbors.
- Volunteer: Serve on a task force, drivers for Care Van and Neighbors Feeding Neighbors.

VETERAN'S RESOURCES

Pierce County Veterans Bureau, (253) 798-7449, 1305 Tacoma Ave S, Suite# 104, Tacoma

- Provides emergency assistance with food, rent and utilities to qualified indigent veterans and family members. Limited assistance with medical, burial and is available on an emergency need basis.
- Offers the Incarcerated Veterans Reintegration program.

WA State Dept. of Veterans Affairs, 1-800-562-2308, www.dva.wa.gov, 1102 Quince St SE, Olympia

- Provides information on benefits, programs and services.
- Homeless vets reintegration project in partnership with WorkSource.
- Statewide PTSD Resources http://www.dva.wa.gov/benefits/ptsd

U.S. Dept. of Veterans Affairs, 1-800-827-1000, www.va.gov

- **Provides access to all benefits, healthcare, burials and memorials, job assistance, home loans, education, etc.**

Veteran's Independent Enterprises of Washington; (253) 922-5650, 4630 16th St E, Suite B, Fife. www.veteransworkshop.org

- Private not for profit organization committed to helping Veterans by providing work opportunities, transitional housing and supportive services. Helping veterans transition from homelessness, incarceration and/or economically disadvantaged situations.

Catholic Community Services SSVF Program; 253-471-5340; 5050 S. Tacoma Way, Tacoma

- For Vets - Provides case management to develop housing stability plan, address issues such as employment, benefits, financial planning transportation, and childcare. Rapid rehousing provides short-term assistance.

Betsy Ross Hall, Washington Soldiers Home Campus, Orting; 253-682-3401

- Provides housing and services for women veterans. Referrals through Pierce County Coordinated Entry.
- Must have served in Armed Force, be homeless in Pierce County for more than one night, clean and sober for 30 days, undergo background check and have desire to make meaningful life changes.

American Legion Outreach Services for Veterans; 253-536-6999

Salvation Army Community Center; 253-841-1491, 4009 9th St. SW, Puyallup

- Food pantry, senior center, clothing, addiction help and general assistance offered.

Goodwill Military and Veteran Services; https://www.goodwillwa.org/training/veteran/

- Serve transitioning military members, Reservists, National Guard Members, Veterans of all eras and ranks, military and veteran spouses, and dependents under 25 living with a veteran or military sponsor with the tools and support needed to achieve successful civilian careers.

Battlefield Addiction, (253) 334-2233, www.battlefieldaddiction.com

- Serves Military (retired and active duty) - Reconnecting the family, the addict and the community. Empowering families through straight forward approach, providing expert guidance and a lifetime network of support services. Offers support groups and family workshops.

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VETERAN'S RESOURCES (Cont.)

Lions Project New Hope Northwest; 337-516-8738, http://lionsprojectnewhopenw.org/
Offers free counseling workshops and retreats/camps with family to help manage transitional issues.

National Call Center for Homeless Veterans: Available 24/7 - 1-877-424-3838

Disabled American Veterans: 253-472-4680

Veteran Crisis Line: 800-273-8255

Free and Reduced Resources for Vets:

- Disabled Veterans Plates (no cost), WA State Licensing: http://www.dol.wa.gov/vehicleregistration/spdav.html
- Veteran's Designation on Driver's License: http://www.dol.wa.gov/driverslicense/military.html
- Reduced Fishing & Hunting License for persons with disabilities: http://wdfw.wa.gov/accessibility/
- State Park Passes for disabled veteran lifetime pass: http://parks.state.wa.us/205/Passes Applications mailed to you, call (360) 902-8500 or available online.
- WA State Parks Senior Citizen (62+) Limited Income Pass (no charge) - http://parks.state.wa.us/205/Passes. Gives 50% discount on nightly camping / moorage for qualified residents.
- Federal Parks Passes - free for active duty & vets: https://www.nps.gov/planyourvisit/passes.htm
- Blue Star Families – www.bluestarfam.org Provides free family admissions to museums in summer; participating movie theaters provide free or discounted admission; gives books to military children. www.blustarfam.org
- Northwest Military - www.northwestmilitary.com; Free online news, events and activities for active duty and vets.

SENIOR AND DISABLED RESOURCES

Resource Guide for older adults in Pierce County: http://www.co.pierce.wa.us/1992/All-Resources

Aging & Disabilities Resource Center (ADRC of Pierce County); (253)798-4600
http://www.co.pierce.wa.us/1986/Aging-Disability-Resources

- Provides access point for those seeking information & assistance regarding programs or services available to older adults or adults with disabilities. Helping older adults and individuals with disabilities remain safe in their homes. Community Connections, Advocacy and Complaints, Family Caregiver Support, Long-term Care Ombudsman, Resources and more.

HEROS (Helping Elders Through Referral & Outreach Services – MultiCare), 253-445-8120

- Older adult services provides support, including in-home services, to older adults and their caregivers experiencing difficulties common to their age group, including depression, anxiety, dementia, behavioral disturbances, grief and loss.

Good Samaritan Behavioral Health, 253-445-8120; www.multicare.org/goodsam

- Older Adult Services provides support to older adults and their caregivers, including depression, anxiety, dementia, behavioral disturbances, and grief and loss.

Local Senior Centers offer a wide range of classes & activities, social & healthcare services, special events, trips & charters, senior van transportation, resources and much more!

- Bonney Lake Senior Center, 19304 Bonney Lake Blvd., Bonney Lake; 253-863-7658; www.cityofbuckley.com
- Sumner Senior Center, 15506 62nd St. Ct. E., Sumner; 253-863-2910; www.sumner.gov
- Buckley Senior Center, 811 Main St., Buckley; 360-829-0190; www.citybonneylake.org

Lutheran Community Services – Senior & Disability Services – 253-272-8433, www.lcsnw.org/tacoma

- Senior Companion Program – Volunteers help seniors with companionship, appointments, etc.
- Meals on Wheels – Call 253-722-5684
- Home Care Program – Provides assistance to stay in home and live comfortable, healthy lives. 253-272-8433
- Retired & Senior Volunteer Program (RSVP) – volunteer opportunities to give back in their community 253-722-5694

Volunteer Chore Service, Catholic Community Services, 253-502-2690, www.piercecountyrides.com or www.ccsww.org

- Serves: Individuals with limited transportation options due to physical or mental disabilities, have no family or neighbors to assist them, live outside of public transit service areas and/or cannot afford transportation services. May also serve older adults who are not low income who live in rural areas, can no longer safely drive, & have no transportation options.

Neighbors Feeding Neighbors, Rainier Foothills Wellness Foundation, 360-825-4741

- Provides home delivered meals to homebound seniors residing on the Plateau. Each meal costs $5.00 which NFN leaders are asking the senior, or their family to pay if possible. No senior turned away because of inability to pay.

Faith in Action Team, Seventh Day Adventist Reform Movement Church, Buckley; 360-829-0212

- Provides services to elderly, those in financial need and those with health problems. House, yard and gutter cleaning, simple home repairs, car oil change, pet sitting and groceries.

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SENIOR AND DISABLED RESOURCES (Continued)

Home Delivered Meals from Catholic Community Services, 253-474-1200, www.ccsww.org

- Provides free home-delivered meals to elderly in Pierce County who are unable to leave their homes to shop or find it difficult to prepare meals. Must be home-bound, do not drive or live with someone who drives. Meals are frozen.

Senior Center Lunch Programs:

- Bonney Lake Senior Center Lunch Program, 19304 Bonney Lake Blvd., Bonney Lake; 253-863-7658. Lunch served Monday – Friday at 11:45 am, $4 suggested donation ($6 for non-seniors under 55).
- Sumner Senior Center Lunch Program, 15506 62nd St. E., Sumner; 253-891-2910. Lunch served Monday – Friday at 11:45 am, $3 suggested donation ($5 for under age 60). Meals on wheels available.
- Buckley Senior Center Lunch Program, 811 Main St., Buckley; 360-829-0190. Lunch served Monday – Friday at noon, $3 suggested donation ($5.75 for those under 60).

Senior Farmers Market Vouchers, Pierce County Aging & Disability Resource Center, 253-798-4600

- Provides low income 60+ seniors with vouchers to purchase produce from participating farmers markets and roadside stands. Must be able to pick up vouchers in person at local locations.

Rebuilding Together South Sound, 253-238-0977, Pierce County residents, www.rebuildingtogetherss.org

- Provides: Low-income homeowners who are seniors or disabled with no-cost home repairs & modifications.

Pierce County Housing Program Home Repair; 253-798-7038, www.co.pierce.wa.us/index.aspx?NID=1283

- Addresses emergency health and safety issues including repairs for appliances, plumbing, roof, furnace and more.
- **Disability Home Repair Program**: 253-798-4344, www.co.pierce.wa.us/index.aspx?NID=1276

Shared Housing Services, 253-272-1532; www.sharedhousingservices.org

- Facilitates matching those who wish to share their homes with those needing low-cost housing. Focus on low income adults, elderly, and disabled.

Care Van, Rainier Foothills Wellness Foundation, 360-284-2444, www.rfwellnessfoundation.org

- Serves: Anyone who lives in the areas of Buckley, Carbonado, WIlkeson, & Enumclaw who displays hardship for transportation who needs to get to appointments and medical-related issues only (non-emergency appointments, physical therapy, eye exams, chiropractic, prescription pick-up, etc.) at no cost. Available Monday/Wednesday/Friday 9am – 4pm and Tuesdays/Thursdays 9am – 2pm. Wheelchair accessible. Call 2 -14 days in advance of appointment.

Beyond the Borders Essential Transportation Project, Pierce County Human Services, (253) 476-4657
http://www.co.pierce.wa.us/index.aspx?NID=1269

- Provides: Free transportation to essential services for seniors and disabled in East Pierce County. Available Monday through Saturday 6 am to 10 pm.
- Three round-trip door-to-door rides provided per month to local food banks, family support centers, clothing banks, non-Medicaid medical appointments, etc. Trip requests to destinations outside the area will be transported to nearest bus stop connection. Service from Buckley to Plateau Outreach Ministries in Enumclaw is also available. All riders must complete an eligibility screening to use the service.

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SENIOR AND DISABLED RESOURCES (Continued)

Paratransit Services, 1-800-925-5438, www.wanemt.com

- Provides transportation services for non-emergency medical appointments for elderly, disabled, economically disadvantaged individuals who have a Medical Assistance card (DSHS Provider One ID) and have no other way to get to a medical appointment.
- Cabulance, transit fare, volunteer drivers, shared ride, and fuel or mileage reimbursement options.

Medical Equipment Lending Closet at Senior Centers – assistive equipment available at no charge

- Bonney Lake Senior Center, 19304 Bonney Lake Blvd.; 253-863-7658; www.ci.bonney-lake.wa.us
- Buckley Senior Center, 811 Main St., Buckley; 253-829-0190; www.cityofbuckley.com

UTILITY ASSISTANCE:

Offers utility discounts to low income seniors and persons with disabilities in their respective cities.

- **City of Buckley:** Details and applications at the Buckley Multi-Purpose Center or at the City Offices.
- **City of Bonney Lake:** Apply online at http://www.ci.bonney-lake.wa.us/UserFiles/File/Forms/Finance/SeniorDiscountRequest.pdf

Property Tax Relief (Pierce County) for Seniors & Disabled, www.co.pierce.wa.us/index.aspx?nid=702

- This program is available to citizens who are at least 61 years old on December 31 of the year they apply or retired from regular gainful employment by reason of a disability, with an income of $40,000 or less.

Free Tax Preparation Assistance, more info and schedule at www.AARP.org and www.southsoundoutreach.org

- AARP & VITA sponsored February – April at various locations (usually Bonney Lake & Buckley Senior Centers).
- Can also file for free online www.myfreetaxes.com, www.irs.gov, or www.turbotax.com

Lifeline Free Cell Phone Programs: **https://www.co.pierce.wa.us/3499/Cellphone-Lifeline-Program**

- A government benefit program that provides discounts on monthly telephone service for eligible consumers living on low incomes to help ensure they have the opportunities and security that telephone service affords, including being able to connect to jobs, housing, family and 911.
- Assurance Wireless (from Virgin Mobile), Budget Mobile, SafeLink Wireless (from Tracfone) and YourTel Wireless all offer a free, basic cell phone and 250 free minutes per month, free voice mail, caller ID and call waiting. Low-cost additional minute packs can be purchased. The phones come with one year of service, one month's free minutes, and new free minutes are added each month.

Need A Break Services, (253)353-7056, www.needabreak.org

- Provides home repairs, vehicle repairs, and other gifts. Primary focus is on single mothers and the elderly. Apply online. They work with charity partners to organize volunteers and provide donations.

Caregiver Support Education Seminars at Enumclaw Senior Center; 360-825-0280 to reserve seat (open to all)

- Free classes usually held on the 2nd Wednesday at noon. Sponsored by Living Court Assisted Living Community.

Caregiver Support Group at St. Elizabeth Hospital, Enumclaw; Info and RSVP at 253-534-7016

- Held on the first and third Thursdays of each month from 1 – 2:30 pm.

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SENIOR AND DISABLED RESOURCES (Continued)

Lifespan Respite Washington; www.lifespanrespitewa.org, 425-740-3788

- Provides vouchers (up to $1000) for respite care for unserved and unpaid family caregivers in WA.

Alzheimer's & Dementia Informational Classes at Expressions of Enumclaw

- Free classes usually held on the 4th Thursday at 2 pm at 2454 Cole St., Enumclaw. RSVP 360-825-4565

PAVE; (253) 565-2266; www.wapave.org

- Provides support, training, information and resources to empower and give voice to individuals, youth and families impacted by disabilities.
- Parent to Parent - P2P Support Group at Sumner/Bonney Lake Family Center, 1518 Main St., Sumner, meets monthly during the school year on the 3rd Thursday from 1 – 3 pm. For parents and caregivers of individuals with disabilities and exceptional healthcare needs.

DSHS Aged, Blind, or Disabled (ABD) Program, https://www.dshs.wa.gov/esa/community-services-offices/aged-blind-or-disabled-cash-assistance-program

- Provides cash assistance to eligible low-income adults age 65 or older, blind, or determined likely to meet Supplemental Security Income (SSI) disability criteria based on a physical or mental impairment that is expected to last at least 12 consecutive months. The current maximum cash grant is $197.

Seniors on the Move, Calvary Community Church, Sumner; 253-863-3352, www.wearecalvary.com/seniors/

- Provides fellowship, service opportunities, activities and outings for Seniors (55+)
- Meets 2nd Thursdays at 12:30 with potluck.

More Contacts for Senior & Disabled:

- Adult Protective Services: 206-341-7660, www.dshs.wa.gov
- Medicare/Medicaid Fraud Report: 800-447-8477
- Medicare Part B Hotline: 800-633-4227
- Medicare Beneficiary Helpline: 800-445-6941
- SHIBA Helpline (Statewide Health Insurance Benefit Advisors: 800-562-6900
- Pierce County Long Term Care Ombudsman: 253-798-3789
- Alzheimer's Association: 800-272-3900, www.alz.org , 24/7 Hotline: 1-800-272-3900
- Alzheimer's Resource Center & Elder Care at Good Samaritan Hospital: 253-697-8575
- Crime Stoppers Crimes Against Seniors: 253-591-5959
- Talking Book & Braille Library: 206-615-0400, 1-800-542-0866
- Department of Services for the blind: 253-586-4417
- Pierce County Coalition for Developmental Disabilities: 253-564-0707, https://www.pc2online.org
- "55 Alive" Driving Improvement Program with AARP: 888-227-7669
- Senior Community Service Employment Program: 253-573-6759
- SHAG (Senior Housing Assistance Group): 888-450-7424, www.housing4seniors.com
- CLEAR Senior (Free Senior Legal Services for low-income seniors age 60+): 888-387-7111
- Celebrate Seniority (local volunteer opportunities for 55+) MultiCare Program: 253-697-7385
- RSVP - Retired & Senior Volunteer Program – (local volunteer opportunities for 55+): 253-722-5694
- www.SeniorHomes.com – helps locate independent living, assisted living, and other retirement communities.
- WA State Parks Senior Citizen (62+) Limited Income Pass (no charge) - http://parks.state.wa.us/205/Passes. Also provides a 50% discount on nightly camping / moorage for qualified residents.
- Reduced Fishing & Hunting License for persons with disabilities: http://wdfw.wa.gov/accessibility/

YOUTH DEVELOPMENT & RECREATION RESOURCES

Buckley Youth Activity Center, (360) 829-1921, 251 S. River Ave., Buckley; www.cityofbuckley.com/youthcenter

- Provides drop-in program for ages 8 – 18 during non-school hours, summer family programs for all ages, free lunches in summer and during school breaks for all ages, summer camps and enrichment activities.
- Homework assistance and summer math camps through Village Tutors.
- Donate: Snack items, crafts, games, office supplies
- Volunteer: Help serve lunches, monitor activities, share a skill or help at special events.

Sumner/Bonney Lake Recreation Department, (253) 891-6500, 15206 Daffodil Street Ct E, Sumner; www.ci.bonney-lake.wa.us/section_community/recreation.shtml

- Programs include indoor and outdoor sports for kids and adults, as well as a wide variety of camps, classes, and clinics offered at various School District and City facilities. See seasonal activity brochure for schedules.

White River Community Activities Program, (360) 829-3366, 27515 120th St. E., Buckley, www.whiteriver.wednet.edu

- Programs include youth indoor and outdoor sports, camps, activities and community workshops. Registration online. Scholarships are available.
- Volunteer: Youth sports coach

Gordon Family YMCA, (253) 826-9622, 16101 64th St. E., Sumner; www.ymcapkc.org/gordonymca

- Provides free nights for youth: 6, 7, 8 Nite for 6 – 8 graders on the 1st, 3rd, and 5th Saturdays from 7:30-9:30pm and Teen Late Nite for 7 – 12 graders on Fridays from 9:30 – 11:30pm. Provides a safe environment, consistent adult involvement, and fun activities that foster excellence and a positive attitude. No membership required. Waiver form required. Financial assistance available.
- Art, dance, culinary, theater, and music classes, summer camps, STEM classes, and youth sports. Homework Help for ages 12 -18 at the Teen Center Monday and Thursday from 3:30-5pm.
- Volunteer: Youth sports coach, Advisory Council, committees, teach or assist in a class.

Pierce County Libraries (Sumner, Bonney Lake, Buckley), www.piercecountylibrary.org

- Offers a wide range of free online resources, branch resources, classes, workshops, STEM, online homework support, Life After High School workshops, museum passes, Family Game Nights, reading programs, story times, online language learning and more.
- "Check Out Washington" Discover Pass is available as part of an activities backpack kit and allows borrows to access state parks and state public lands.
- Check online calendar for upcoming activities and classes and with your local branch.

Prairie Ridge Youth Summer Program; at the Prairie Ridge Rec Hall, Bonney Lake, www.facebook.com/PrairieRidgeCommunityCoalition/

- Kids ages 7-17 are invited to participate in a weekday program for 10 weeks in the summer from noon to 2 p.m. Leaders work with youth in team play, crafts, fun, learning and positive relationships.
- Free lunch provided beginning at 11:30 a.m. for all children and youth.
- Volunteer: Share a talent, skill or interest or help serve lunches.

Enumclaw Aquatic Center, (360) 825-1188, 420 Semanski St. S., Enumclaw; https://cityofenumclaw.net/232/Enumclaw-Aquatic-Center

- Offers classes and events for residents and non-residents, including swimming lessons, WIBIT nights on first Saturdays, movie nights on third Fridays, public swim times and lifeguard training.

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YOUTH DEVELOPMENT & RECREATION RESOURCES (Continued)

Enumclaw Parks & Recreation, (360) 825-3594, See seasonal brochure for current classes: https://apm.activecommunities.com/enumclawparksandrec/Home

Home Depot – Free Kids Workshops, Bonney Lake Store, 253-862-3803
https://www.homedepot.com/workshops/#store/8562

- Provides free monthly workshops for kids, providing a lively environment mixing skill, creativity and safety. Typically held on the first Saturday of the month. Register online.

East Pierce Fire & Rescue, (253) 863-1800; https://www.eastpiercefire.org/page.php?id=144

- Safe Sitter Classes at Buckley Station 116, 10515 234th Ave E, Prepares students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting. Scholarships available.
- CPR & First Aid Classes available for youth ages 12 and older at Bonney Lake Station, 18421 Veteran's Memorial Drive. This is a certification class.
- Bike Helmet Sales - Offers helmets at a discounted rates: bike helmets $7 (toddler-XL) and multi-sport helmets $10 (small-large). At Bonney Lake Headquarters Station M-F 8 – 4:30. The wearer must be present.
- Life Jacket Loaners & Sales – Sales at Bonney Lake Headquarters Station Mon. – Fri. 8 – 4:30 in sizes infant – adult for $14. Loaner life jackets are free and available for checkout at the headquarters or at kiosks at Allan Yorke Park and Lake Tapps North Park in sizes infant through adult.

Imagination Theater, (360) 802-0908; based in Enumclaw, www.imagination-theater.org

- Provides the youth of the plateau year-round opportunities to express themselves artistically through the performing arts in a safe and nurturing environment. Summer Workshop provides a more in depth educational experience about theatre and music for youth ages 5-18.

Sunset Lake Camp, (360) 829-0311, 30811 Quinnon Rd., Wilkeson; www.sunsetlake.org

- Owned and operated by the Seventh Day Adventist Church, they offer day and overnight summer camps including adventure, specialty classes, horsemanship, STEM, arts and more. Also have family camps and blind camp for visually impaired ages 8 – 68. Scholarships are available.

Green River College Enumclaw Campus Youth Summer Camps, 253-288-3400, 1414 Griffin Ave., Enumclaw
https://www.greenriver.edu/students/academics/continuing-community-education/summer-kids-camps/enumclaw/

- Legos, Computers, STEM and Special Interest summer camps.

Ben Franklin Crafts & Frame Store Summer Kids Camps, Bonney Lake, 253-862-6822; www.bfranklincrafts.com

- Variety of mini-camps in July & August for kids, tweens and teens as well as parent/child craft camp.
- Offers a variety of make-n-take and craft classes for kids throughout the year.

Kids Club & Movies in the Park, City of Bonney Lake,
http://www.ci.bonney-lake.wa.us/section_community/parks_recreation/special_events.shtml

- Free family-friendly entertainment on Mondays at 6:30 at Allan Yorke Park in July & August.
- Free movies in August at Allan Yorke Park. Check City website for dates and details.

Buckley Junior Log Show, www.facebook.com/buckley.logshow/

- Free annual event the second to last Saturday in June (weekend prior to Buckley Log Show last full weekend in June) for competitors ages 3 to 17. Safe and fun, no experience needed, events are demonstrated, sign up on site day of event. See Facebook page for more information.

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YOUTH DEVELOPMENT & RECREATION RESOURCES (Continued)

TEAM SPORTS CLUBS & LEAGUES

- **Bonney Lake/Sumner Little League, (**253) 863-0333, www.blslittleleague.org
- **Mt. Rainier Futbal Club (Soccer)**, www.mtrainierfc.org/home
- **Raptors Youth Sports**, www.raptorsyouthsports.com
- **Valley Wolfpack Football & Cheerleading**, (253) 426-8917, www.valleywolfpack.org
- **White River Wolverines Football & Cheer,** www.wolverinejuniorfootball.com
- **Lake Tapps Lacrosse Club,** www.laketappslax.org
- **Sumner Bonney Lake Warriors Lacrosse,** http://sbyl.uslaxteams.com

FAITH-BASED GROUPS

- **Young Life – Sumner & Bonney Lake High Schools**, https://greaterpuyyl.younglife.org/pages/contact.aspx
- **Rainier Hills Young Life (WRHS),** (360) 825-6425, rainierhillsyl@gmail.com
- **Glacier Middle School Wyld Life**, (360) 825-6425
- **Many local churches have youth groups – please contact them for more information**

COUNTY-WIDE YOUTH-SERVING ORGANIZATIONS WITH MULTIPLE GROUPS/CLUBS IN THE AREA

- **Boy Scouts of America**, 253-752-7731, www.pacificharbors.org
- **Girl Scouts of Western Washington**, 253-475-0307, www.girlscoutsww.org
- **4-H Clubs of King & Pierce County**, 253-798-7180, www.pierce.wsu.edu
- **Campfire Boys & Girls**, 253-597-6234, www.campfireusaorca.org

Washington Teen Help .org, 1-800-322-2588, www.washingtonteenhelp.org

- Connects pregnant and parenting teens to health information, state benefit programs, and community-specific support resources.
- Also offers information and resources for all teens including topics such as relationships, dating violence, general and sexual health, pregnancy, parenting, legal resources, and planning for the future.

CRISIS LINES FOR YOUTH AND CHILDREN

- Bridges – For Grieving Children: 253-272-8266
- LGBTQ Support for Youth (Trevor Project): 866-488-7386
- National Runaway Safe Line: 1-800-RUNAWAY
- Teen Link Help Line: 866-TEENLINK

More Organizations Serving NE Pierce County (on location)

PET RESOURCES

Metro Animal Services, www.metroanimalservices.org and 253-299-PETS.

- Serve the people and pets of Sumner and Bonney Lake (plus Puyallup, Algona, Milton, Edgewood and Pacific)
- Friends at Your Metro Animal Services (FAYMAS) www.faymas.org, offer occasional specials to help pet owners, including reduced adoption fees for older pets or free microchipping (call for current specials).

Pasado's Safe Haven Pet Spay/Neuter; www.pasadossafehaven.org

- Offers low cost or free pet spay and neuter services in a mobile van in Sumner, Buckley, Orting, & Bonney Lake.
- See website for specific information, registration, locations & instructions

Pet Food Bank – Pasado's Safe Haven; www.pasadossafehaven.org

- Owners must agree to spay and neuter any unaltered animals within your household to participate.
- Must be a participant of (or have applied to) Pet Food Bank Incentive Program to receive food for your pet.
- Closest distribution location is Orting Food Bank on 4th Wednesdays at noon.

Low Cost Veterinary Services Resource List WA State: https://lowincomerelief.com/low-cost-free-vet-care-wa/

LEGAL ASSISTANCE

Legal Assistance: Washington LawHelp, www.washingtonlawhelp.org or CLEAR www.nwjustice.org

- Assists low-income individuals solve legal problems – much of the information is online and accessible to everyone. Printable forms, videos and other self-help forms. Very low income individuals can get assistance on non-criminal issues from CLEAR at www.nwjustice.org or 1-888-201-1014

Reach Enumclaw Free Legal clinic, Enumclaw Library, 1700 1st St., Enumclaw

- Open to all on a first come first served basis on the second & fourth Thursday of the month, 5:30pm to 7:30pm.
- Offers a free 30 minute consultation via computer with a volunteer attorney from King County.
- Washington attorneys will meet with clients via the Internet for a half hour to consult on legal issues including: family law, landlord tenant, creditor debtor, contract disputes, discrimination, wills and estate planning, and others. Criminal case related matters may be reviewed if there is no current case pending. They also offer referrals to other agencies that may resolve client's problems.

GENERAL HELP

Washington Masonic Charities Outreach Services, 844-288-3531

- Provides one-time limited needs assistance and emergency funds for elderly, disabled, and those in need, including minor home modifications, repairs, and more. Call for more information on individualized services.

Need A Break Services, (253)353-7056, www.needabreak.org

- Provide direct service through home repairs, vehicle repairs, and other gifts. Primary focus is on single mothers and the elderly. Apply online. They work with charity partners to organize volunteers and provide donations.

CRIME PREVENTION

Safe Streets, Uniting Neighbors Against Crime, 253-272-6824; www.safest.org

- Empowers individuals, families, youth, neighborhoods and organizations to create safe neighborhoods through block watch training and groups. National Night Out the first Tuesday in August.
- Office hours in Buckley at White River Family Support Center on the 1st & 4th Mondays from 12 to 3 p.m.

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More Organizations Serving NE Pierce County (on location)

Free Tax Preparation Assistance

- VITA & AARP - more info and schedules at www.AARP.org and VITA Assistance at https://associatedministries.org/free-tax-prep-info
- February – April at various locations (usually Bonney Lake & Buckley Senior Centers and Sumner Library).
- Can also file for free online www.myfreetaxes.com, www.irs.gov, or www.turbotax.com

School Supplies

- See agency information located in this resource guide for the following organizations: Sumner/Bonney Lake Family Center, White River Family Support Center, Lions 4 Kids House, Donald Loomis Clothing Bank, Bonney Lake Seventh Day Adventist Clothing Bank and Prairie Ridge Community Coalition.

Christmas Holiday Resources

- **Buckley Christmas Giving Tree sponsored by City of Buckley Firefighters Assn** – Applications available at fire station and with school counselors. Serves 98321, 98323, 98396. Preschool aged children are eligible. 360-829-1441 or email buckleyfd@cityofbuckley.com
- **Sumner's Toy Box** sponsored by Sumner Police Dept. In partnership with the Sumner-Bonney Lake Family Center, East Pierce Fire & Rescue, & Toys for Tots. Students in Sumner School District and located in Sumner should contact their school counselor to sign-up. 253-299-5662, http://www.sumner.gov/Government/Police/Sumner_police_toys.htm
- **Bonney Lake Giving Tree** sponsored by multiple organizations including Sumner-BL Family Center, East Pierce Fire & Rescue & Toys for Tots. Students in Sumner School District and located in Bonney Lake should contact their school counselor to sign-up.
- **Calvary Community Church Giving Tree, Sumner,** takes referrals, 253-862-3352 www.wearecalvary.com
- **Forgotten Children's Fund** 253-857-4619, apply online for help: www.forgottenchildrensfund.org/RequestHelp
- **Northwest Santa** (visit from Santa and a present) for Bonney Lake, Sumner, Orting families www.nwsanta.org

Thanksgiving Holiday Resources

- **Big Give - Bonney Lake & Sumner** for families living in Sumner School District. Vouchers available at school counselor offices and at Bonney Lake Food Bank and Emmanuel Food Pantry. Distribution on Saturday prior to Thanksgiving at Walmart Garden Center and Fred Meyer, Sumner. Sponsored by Open Life Church. www.CommunityBigGive.com
- **Plateau Outreach Ministries Thanksgiving Food Bank** – serves families in Enumclaw and White River School District (except 98391 area). 360-825-8961 www.plateauoutreach.org

Important Pierce County Contacts:

- Report illegal drug activity in unincorporated Pierce County confidentially online directly to the Pierce County Sheriff's Department: https://yakima.co.pierce.wa.us/PCSDTips/index.cfm?TipType=Drug
- Registered Sex Offender Search, by community or address: www.sheriffalerts.com/cap_main.php?office=54483
- Neighborhood Crime Statistics for Pierce County: www.piercecountycrimedata.org
- Pierce County Responds (illegal dumping, junk vehicles, land use, etc.): 253-798-4636, www.piercecountyresponds.org
- Pierce County Request For Action (Potholes, broken signs, road maintenance, etc.): www.piercecountywa.org/rfa
- TPC Health Dept. Environmental Health Program: 253-798-6047, www.tpchd.org/environment
- Pierce County Animal Control 253-798-7387 www.co.pierce.wa.us click on "Safety" on top then "Animal Control"
- Pierce County Sherriff Non-Emergency 253-798-4721
- Children's Protective Services: 24 hour report line 800-422-7880
- Adult Protective Services: 206-341-7660, www.dshs.wa.gov
- Pierce County 24 hour Crisis Line: 800-576-7764

The following local organizations offer a wide variety of services, activities and/or volunteer opportunities. Please contact them for more information:

City of Bonney Lake, 9002 Main St. E., Bonney Lake; 253-862-8602, www.ci.bonney-lake.wa.us
City of Sumner, 1104 Maple St., Suite 253, Sumner; 253-863-8300, www.sumner.gov
City of Buckley, 933 Main St., Buckley; 360-829-1921, www.cityofbuckley.com
Town of Wilkeson, 540 Church St., Wilkeson; 360-829-0790, www.townofwilkeson.com
Town of South Prairie, 121 NW Washington St., South Prairie; 360-897-8878; www.townofsouthprairie.com

Bonney Lake Library, 18501 90th St. E., Bonney Lake; 253-548-3308; www.piercecountylibrary.org
Sumner Library, 1116 Fryar Ave., Sumner; 253-548-3306; www.piercecountylibrary.org
Buckley Library, 123 S. River Ave., Buckley; 360-548-3310; www.piercecountylibrary.org
Friends of the Library: Buckley 360-829-0300 / Bonney Lake 253-548-3308 / Sumner 253-548-3306
Heritage Quest Research Library, 1007 Main Street, Sumner; 253-863-1806; www.hqrsl.com

Bonney Lake Lions Club, Club meets 2nd & 4th Thursdays at 7pm. www.bonneylakelions.com
Kiwanis Club of Bonney Lake, Service club meets at Bonney Lake Senior Center Tuesday mornings at 7:00am
Rotary Club of Sumner, meets Tuesdays at 12 noon at Puyallup Elks Club. 253-862-1818; www.rotaryclubofsumner.org
Buckley Kiwanis Club, Service club meets 1st & 3rd Thursday at 6:45 am at the Buckley Eagles, www.buckleykiwanis.org
Buckley Eagles Aerie 1387 & Auxiliary, 360-829-1161, www.foe.com, www.facebook.com/pages/buckley-EAGLES
Wilkeson Eagles Aerie 1409, 360-367-0078, www.foe.com, www.facebook.com/pages/wilkeson-eagles
Phoenix Masonic Lodge #154, Sumner, www.phoenixlodge154.org

Buckley Chamber of Commerce, www.buckleychamber.org
Chamber Collective (Bonney Lake), www.thechambercollective.com, 253-222-5945
Sumner / Puyallup Chamber of Commerce, www.puyallupsumnerchamber.com
Sumner Downtown Association, www.promotesumner.com

East Pierce Fire & Rescue, 18421 Old Buckley Hwy., Bonney Lake; www.eastpiercefire.org ; 253-863-1800
Foothills Rails-To-Trails Coalition, www.piercecountytrails.org
Adopt-A-Street in Bonney Lake: http://www.ci.bonney-lake.wa.us (info in Community Section)
Adopt-A-Road in Pierce County: http://www.co.pierce.wa.us/index.aspx?NID=1744
Beautify Buckley, Hosted by www.justserve.org and City of Buckley, annual event in September
Beautify Bonney Lake, www.beautifybonneylake.org, annual event in September
Relay for Life, Sumner/Bonney Lake Relay for Life Team, www.sumnerbonneylakerelay.org; 253-272-5767
Relay for Life of Buckley & Enumclaw, www.relayforlifeofbuckley.com
Buckley Merry on Main, www.facebook.com/BuckleyMerryOnMain
Friendly Horse Acres, Buckley, www.friendlyhorseacres.com
Marion Grange #276, 27725 Sumner Buckley Hwy E, Buckley. Rental info call Noel Argo at253-862-6076

Foothills Historical Museum, Buckley www.cityofbuckley.com/museum, (360) 829-1291
Sumner Historical Society & Ryan House Museum, www.sumnerhistoricalsociety.com, 253-299-5780
Greater Bonney Lake Historical Society, www.gblhs.org, 253-447-3268

Sumner Bonney Lake School District, 1202 Wood Ave., Sumner; 253-891-6000, www.sumnersd.org
White River School District, 240 North "A" St., 360-829-0600, www.whiteriver.wednetnet.edu
Carbonado Historical School District, 427 4th St., Carbonado, 360-829-0121, www.carbonado.k12.2a.us
White River Education Foundation, www.whiterivereducationfoundation.org
Sumner/Bonney Lake Education Foundation, www.sblef.org

ORTING RESOURCES

Orting Family Support Center, 120 Washington Ave. N., 360-893-8500, open Mon. 1-4 pm, Thurs. 8:30 am -1:30 pm.
Orting Food Bank, 224 Washington Ave. SE, 360-893-0095, www.ortingfoodbank.org; Mon. 3-6, Wed. 12-3, Fri. 9 -12
City of Orting Parks & Recreation, 360-893-2119 x120, www.cityoforting.org
Orting Valley Senior Center, 120 N. Washington, Orting; 360-893-5827
Orting Library, 292 Washington Ave. S.; Orting; 360-893-2661; www.piercecountylibrary.org
Orting ECEAP, located behind Orting Elementary School; 360-893-6767, www.co.pierce.wa.us/index.aspx?nid=1973
The Haven (Teen Center), 112 Train St. SW., Orting, 253-227-4838, www.ortinghaven.com
Washington Soldier's Home, Orting, 1305 Orting-Kapowsin Hwy, Orting, 360-893-4511
Orting School District, 121 Whitsell St., Orting, 360-893-6500, www.ortingschools.org

Not finding what you're looking for?

- ✓ ***Call 211***
- ✓ ***Find services and apply for benefits at Washington Connection www.washingtonconnection.org***
- ✓ **Check out Within Reach Resource Finder at https://resources.parenthelp123.org**
- ✓ **Contact one of the agencies listed on page 2 "General Assistance & Resources"**

Find information about local events and activities on the Facebook group "Happenings, Information and Help on the Plateau."

Looking for more volunteer opportunities?

- *Just Serve - www.justserve.org, a website where the volunteer needs of organizations may be posted and volunteers may search for places to serve in the community. On Facebook: Just Serve Buckley, Orting, Bonney Lake, Enumclaw*
- *Volunteer Bonney Lake, Buckley & Sumner - A Facebook page for local postings of volunteer opportunities.*
- *The Power of One Day - Listings to connect volunteers with charities in our area www.thepowerofoneday.com.*
- *United Way - website www.uwpc.org, click "Volunteer" to search opportunities throughout Pierce County.*
- *Catholic Community Services - Lists opportunities available in all areas www.ccsww.org (click on "Volunteer").*

Download the latest version of this Resource Guide online at:

- **The City of Bonney Lake's website** www.ci.bonney-lake.wa.us (click on "Community" then "Community Resources").
- **The City of Buckley's website** www.cityofbuckley.com (click on "Social Services" to access guide)
- **The White River School District's website** www.whiteriver.wednet.edu (click "Departments" then "Family Support Services" then "Families First Coalition" to access the guide).

About this Resource Guide: The information contained in this guide focuses on basic needs and ways to get involved in the community through community service and support through donations. Every attempt was made to provide accurate and inclusive information. This is not intended as a guide to recreation or all non-profits and service groups. To update/correct information or include new services in Northeast Pierce County (White River, Sumner, Carbonado, and Orting School Districts), please e-mail Monica Gaub at gaublins@msn.com. *This resource guide is a volunteer service project and not affiliated with a specific agency or organization.*