



Senior Nutrition Program **May 2009**

Mon	Tue	Wed	Thu	Fri
				1 Salmon Patty Tater Tots Vegetable Blend Fruit , Roll Cookie
4 BBQ Pork On a Hoagie Roll Baked Beans Coleslaw Fruit	5 Cinco De Mayo Chicken Fajitas Cabbage Salad Spanish Rice Apple Enchilada	6 Vegetable Soup Tuna Fish Sandwich Spinach Salad Melon	7 Macaroni & Cheese Mixed Vegetable Bread Stick Fruit Cocktail	8 Happy Mother's Day Honey Mustard Chicken Sweet Potato Fries Green Salad
11 Roast Beef Baked Potato Spinach, Roll Fruit	12 Turkey Roast Roasted Potato Vegetable Blend, Roll Fruit Medley	13 Lima Bean Soup Ham & Swiss Sandwich Carrot Slaw, Fruit	14 Chef Salad Roll Brownie Fruit	15 Happy Birthday Fish Almandine Rice, Roll Vegetable Blend Berry Crisp
18 Turkey Croissant Sweet Potato Fries Waldorf Salad	19 Hawaiian Pizza Caesar Salad Tropical Fruit	20 Ivars Clam Chowder Egg Salad Sandwich Cucumber Tomato Salad, Berries	21 Chicken Parmesan w/ Pasta Italian Vegetables Bread Stick Grapes	22 Beef Soup Meatloaf Potato Salad Fruit
25 Closed Memorial Day	26 Waffle Cottage Cheese w/ Pineapple Veggie Sausage Mixed Melon	27 Turkey Noodle Soup Turkey Sandwich Fruit Salad	28 Sweet & Sour Pork Asian Vegetables Rice Mandarin Oranges	29 Cheese Burger 3 Bean Salad Fruit

For reservations, call (360) 829-2095 OR (253) 474-1200.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.
Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.